

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------|-------------------------|-----|-----|-------|------------------------------|------------------------------|------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------|--|--|
| 17th | Jim Prowting TVOC | M65 | 490 | 58:16 | 1:48 (20) 1:18 1:18 | 1:21 (30) 3:32 2:14 | 2:14 (30) 6:29 2:57 | 2:10 (10) 8:12 1:43 | 2:31 (20) 10:17 2:05 | 2:48 (20) 13:17 3:00 | 2:22 (30) 15:54 2:37 | 2:57 (10) 18:06 2:12 | 2:09 (30) 21:39 3:33 | 2:15 (20) 23:04 1:25 | 4:19 (30) 26:03 2:59 | 1:30 (20) 31:39 3:08 | 2:42 (10) 33:40 2:28 | 1:53 (20) 36:48 2:01 | 2:19 (10) 39:05 2:17 | 4:38 (30) 41:06 2:01 | 3:39 (30) 44:30 3:24 | 2:28 (30) 48:16 3:46 | 2:51 (20) 51:13 2:57 | 2:11 (30) 53:50 2:37 | 2:03 (30) 56:24 2:34 | 2:18 (30) 58:58 2:37 | 1:15 (30) 59:57 2:34 | Finish | | | |
| 18th | Lawrence Jone NGOC | M16 | 490 | 59:57 | 1:22 (20) 0:51 0:51 | 1:31 (30) 2:22 1:31 | 1:24 (20) 4:43 2:21 | 1:14 (10) 7:40 2:57 | 1:43 (20) 10:27 2:47 | 1:32 (20) 13:45 3:18 | 1:23 (30) 16:19 2:34 | 1:12 (30) 17:43 1:24 | 1:20 (30) 19:06 1:23 | 1:34 (30) 22:09 3:03 | 1:39 (30) 25:19 3:10 | 1:26 (30) 28:45 3:26 | 1:38 (30) 31:15 2:30 | 1:37 (10) 35:10 3:55 | 1:27 (20) 37:11 2:01 | 1:29 (20) 39:24 2:13 | 42:28 (10) 45:42 3:04 | 45:42 (30) 48:32 3:14 | 52:10 (30) 50:10 2:50 | 55:07 (20) 57:14 3:38 | 57:14 (10) 58:58 2:57 | 58:58 (20) 59:57 2:07 | 0:59 (20) 59:57 1:44 | Finish | | | |
| 19th | Mark Purkis SAX | M16 | 480 | 57:55 | 1:21 (20) 1:00 1:00 | 1:37 (30) 3:07 2:07 | 1:36 (20) 8:28 5:21 | 1:29 (20) 11:27 2:59 | 1:27 (30) 14:00 2:01 | 1:35 (30) 16:01 2:45 | 1:17 (30) 18:46 2:57 | 1:38 (20) 21:43 1:16 | 1:26 (30) 22:59 3:08 | 1:39 (20) 26:07 2:29 | 1:28 (30) 28:36 3:39 | 1:16 (30) 32:15 1:39 | 1:34 (30) 33:54 2:44 | 1:25 (10) 36:38 3:06 | 1:13 (30) 38:12 1:34 | 1:33 (30) 41:18 3:12 | 1:15 (20) 44:30 2:56 | 1:23 (30) 47:26 3:12 | 1:12 (20) 50:07 2:41 | 1:31 (30) 52:17 2:10 | 1:22 (30) 53:42 1:25 | 1:30 (30) 56:27 2:45 | 1:28 (30) 57:55 2:30 | Finish | | | |
| 20th | Roger Moulding HH | M65 | 480 | 58:30 | 1:22 (20) 0:45 0:45 | 1:31 (30) 1:46 2:25 | 1:24 (20) 2:25 3:12 | 1:14 (30) 4:56 2:42 | 1:32 (30) 8:08 3:15 | 1:12 (30) 10:53 2:39 | 1:30 (30) 13:32 1:21 | 1:25 (20) 16:26 1:33 | 1:13 (30) 18:10 1:44 | 1:15 (30) 19:51 3:30 | 1:13 (30) 23:21 4:39 | 1:28 (30) 28:00 3:46 | 1:16 (30) 32:46 3:43 | 1:39 (20) 36:29 2:53 | 1:26 (30) 39:22 1:34 | 1:38 (30) 40:56 3:05 | 1:17 (30) 44:01 3:05 | 1:35 (30) 45:51 1:50 | 1:27 (30) 47:54 2:03 | 1:36 (30) 50:07 2:13 | 1:37 (30) 53:03 2:56 | 1:21 (30) 55:33 2:30 | 1:19 (30) 57:11 1:38 | Finish | | | |
| 21st | Michael Mugeridge HAEOC | M50 | 480 | 59:30 | 1:22 (20) 0:52 0:52 | 1:31 (30) 2:23 1:31 | 1:24 (20) 4:54 2:29 | 1:14 (10) 7:23 3:09 | 1:32 (30) 10:32 3:25 | 1:23 (20) 13:57 2:36 | 1:12 (30) 16:33 1:37 | 1:30 (20) 18:10 1:31 | 1:25 (30) 19:41 1:52 | 1:13 (30) 21:33 3:39 | 1:28 (30) 25:12 5:36 | 1:33 (30) 30:48 2:57 | 1:39 (30) 33:45 3:01 | 1:46 (20) 36:46 1:26 | 1:26 (30) 38:12 3:43 | 1:35 (30) 41:55 1:48 | 1:27 (30) 43:43 1:59 | 1:35 (30) 45:42 2:31 | 1:36 (30) 48:13 3:51 | 1:27 (30) 52:04 3:01 | 1:19 (30) 55:05 3:01 | 1:19 (30) 56:56 1:51 | 2:34 (30) 59:30 1:51 | Finish | | | |
| 22nd | Michael Krajewski IND | M21 | 480 | 60:39 | 1:21 (20) 2:14 2:14 | 1:37 (30) 4:13 1:59 | 1:20 (20) 6:42 2:29 | 1:36 (30) 10:29 3:47 | 1:18 (10) 14:21 3:52 | 1:29 (20) 16:30 2:09 | 1:27 (30) 19:09 2:39 | 1:35 (30) 21:16 3:52 | 1:17 (30) 23:46 2:30 | 1:38 (30) 27:23 1:16 | 1:26 (30) 28:39 2:44 | 1:39 (30) 31:23 1:54 | 1:16 (30) 33:17 2:24 | 1:11 (30) 35:41 3:33 | 1:16 (30) 39:14 3:15 | 1:25 (30) 42:29 1:48 | 1:13 (30) 44:17 3:06 | 1:13 (30) 45:57 3:34 | 1:23 (30) 49:03 3:12 | 1:32 (30) 52:37 3:34 | 1:32 (30) 55:11 2:19 | 1:22 (30) 57:30 2:34 | 1:22 (30) 58:57 1:27 | 60:39 (20) 58:57 1:42 | Finish | | |
| 23rd | Tony Maycraft CHIG | M50 | 470 | 56:48 | 1:21 (20) 1:29 1:29 | 1:37 (30) 3:39 2:10 | 1:36 (30) 6:38 1:38 | 1:18 (20) 8:16 1:38 | 1:29 (20) 10:38 2:22 | 1:27 (30) 13:15 2:37 | 1:35 (30) 15:33 2:18 | 1:17 (30) 18:11 2:38 | 1:38 (30) 21:34 3:23 | 1:26 (30) 22:58 1:24 | 1:39 (30) 26:24 3:26 | 1:28 (20) 29:16 2:52 | 1:16 (30) 32:20 3:04 | 1:34 (20) 34:18 1:58 | 1:25 (30) 37:31 3:13 | 1:15 (30) 39:16 1:45 | 1:15 (30) 40:58 1:42 | 1:23 (20) 43:40 2:42 | 1:32 (30) 47:43 4:03 | 1:31 (30) 50:38 2:55 | 1:12 (30) 53:18 2:40 | 1:30 (30) 54:49 1:31 | 56:48 (30) 59:30 1:59 | Finish | | | |
| 24th | Keith Verralls IND | M55 | 470 | 58:17 | 1:21 (20) 1:20 1:20 | 1:37 (30) 3:36 2:16 | 1:36 (30) 8:35 4:59 | 1:29 (20) 11:53 3:18 | 1:22 (30) 14:33 2:40 | 1:27 (30) 16:47 2:14 | 1:35 (30) 18:57 2:10 | 1:17 (30) 22:09 3:12 | 1:38 (30) 23:32 1:23 | 1:26 (30) 26:37 3:05 | 1:39 (20) 29:09 2:32 | 1:28 (30) 32:22 3:13 | 1:16 (30) 34:07 1:45 | 1:34 (20) 37:19 3:12 | 1:25 (30) 39:12 1:53 | 1:13 (30) 42:46 3:34 | 1:33 (30) 48:12 5:26 | 1:23 (30) 51:24 3:12 | 1:32 (30) 54:08 2:44 | 1:31 (30) 56:34 2:26 | 1:30 (30) 58:34 2:26 | 58:17 (30) 59:30 1:43 | 1:43 (30) 59:30 2:26 | Finish | | | |
| 25th | Bohdan Rainczuk SAX | M50 | 470 | 59:36 | 1:22 (20) 0:57 0:57 | 1:31 (30) 2:35 1:38 | 1:24 (20) 4:50 2:15 | 1:14 (30) 8:01 3:11 | 1:32 (30) 10:40 2:39 | 1:23 (30) 13:33 2:53 | 1:12 (30) 16:09 2:36 | 1:30 (30) 17:36 1:27 | 1:15 (30) 22:00 2:56 | 1:13 (30) 23:12 1:12 | 1:33 (30) 26:55 3:43 | 1:10 (30) 32:39 5:44 | 1:10 (30) 36:36 3:57 | 1:11 (30) 38:37 2:01 | 1:13 (30) 41:05 2:28 | 1:25 (20) 42:46 1:41 | 1:13 (30) 44:22 4:34 | 1:32 (30) 47:47 2:01 | 1:20 (30) 49:21 3:05 | 1:30 (30) 51:38 2:17 | 1:21 (30) 54:43 3:05 | 1:19 (30) 57:51 3:08 | 59:36 (30) 59:36 1:45 | Finish | | | |
| 26th | Tim Platt HH | M21 | 460 | 56:45 | 1:21 (20) 1:37 1:37 | 1:19 (30) 3:01 1:24 | 1:20 (30) 4:33 1:32 | 1:37 (30) 7:27 2:54 | 1:18 (20) 10:56 3:29 | 1:29 (30) 12:47 1:51 | 1:27 (30) 15:07 2:20 | 1:35 (30) 17:34 2:27 | 1:17 (30) 19:50 2:16 | 1:38 (30) 22:29 2:39 | 1:26 (30) 26:36 4:07 | 1:39 (30) 28:04 1:28 | 1:28 (30) 31:01 2:57 | 1:16 (30) 34:03 3:02 | 1:34 (30) 37:36 2:08 | 1:11 (30) 39:44 1:56 | 1:10 (30) 41:40 4:29 | 1:10 (30) 46:09 2:18 | 1:25 (30) 48:27 1:50 | 1:30 (30) 50:17 2:09 | 1:31 (30) 52:26 2:05 | 1:22 (30) 54:31 2:05 | 1:22 (30) 56:45 2:14 | Finish | | | |
| 27th | Laura Parkes HH | W20 | 460 | 57:13 | 1:22 (20) 0:40 0:40 | 1:31 (30) 2:27 1:47 | 1:14 (30) 4:49 2:22 | 1:32 (30) 8:16 3:27 | 1:23 (20) 11:41 3:25 | 1:12 (30) 14:43 3:02 | 1:30 (30) 16:29 1:46 | 1:12 (30) 18:16 1:47 | 1:25 (30) 21:57 3:41 | 1:16 (30) 25:48 1:49 | 1:38 (30) 27:37 3:17 | 1:26 (30) 30:54 1:44 | 1:16 (30) 32:38 4:13 | 1:13 (30) 36:51 2:16 | 1:27 (30) 39:07 2:12 | 1:35 (30) 41:19 3:03 | 1:27 (30) 44:22 3:03 | 1:36 (30) 47:47 3:25 | 1:21 (30) 49:50 3:16 | 1:19 (30) 51:03 3:03 | 1:19 (30) 55:52 3:03 | 1:19 (30) 57:13 1:46 | 57:13 (30) 58:34 1:21 | Finish | | | |
| 28th | Richard Catmur SLOW | M55 | 460 | 59:28 | 1:21 (20) 1:24 1:24 | 1:37 (30) 3:53 2:29 | 1:36 (30) 7:03 3:10 | 1:18 (20) 8:38 1:35 | 1:29 (30) 11:17 2:39 | 1:27 (30) 14:18 3:01 | 1:35 (30) 16:55 2:37 | 1:17 (30) 19:09 2:14 | 1:38 (30) 22:45 3:36 | 1:26 (30) 24:20 1:35 | 1:39 (30) 27:40 3:20 | 1:16 (30) 29:32 1:52 | 1:28 (30) 31:47 2:15 | 1:34 (30) 36:19 4:32 | 1:25 (30) 40:08 2:05 | 1:30 (30) 42:13 1:23 | 1:12 (30) 43:36 3:19 | 1:32 (30) 46:55 2:51 | 1:22 (30) 49:46 3:19 | 1:14 (30) 51:58 2:12 | 1:22 (30) 54:07 2:09 | 1:22 (30) 55:28 2:09 | 59:28 (20) 59:28 5:21 | Finish | | | |
| 29th | Alwyn Challacombe HH | M60 | 450 | 60:35 | 1:21 (20) 1:16 1:16 | 1:37 (30) 3:44 2:28 | 1:18 (30) 6:48 3:04 | 1:29 (20) 8:30 2:42 | 1:27 (30) 10:54 2:43 | 1:35 (30) 13:37 2:34 | 1:17 (30) 16:11 2:15 | 1:38 (30) 18:26 4:00 | 1:26 (30) 22:26 1:33 | 1:16 (30) 23:59 3:20 | 1:39 (30) 27:19 3:20 | 1:28 (30) 29:20 2:01 | 1:16 (30) 31:51 4:10 | 1:34 (30) 36:01 3:49 | 1:25 (30) 39:50 2:15 | 1:13 (30) 42:05 1:48 | 1:15 (30) 43:53 3:10 | 1:23 (30) 47:03 4:35 | 1:32 (30) 51:38 2:46 | 1:31 (30) 54:24 2:52 | 1:12 (30) 57:16 2:46 | 1:30 (30) 58:42 1:26 | 60:35 (30) 60:35 1:53 | Finish | | | |
| 30th | Samuel Fielding HH | M14 | 440 | 54:36 | 1:22 (20) 0:37 0:37 | 1:31 (30) 1:55 1:18 | 1:24 (20) 4:06 2:11 | 1:14 (30) 6:19 2:13 | 1:32 (30) 8:44 2:25 | 1:23 (30) 11:33 2:49 | 1:12 (30) 13:55 2:22 | 1:30 (30) 15:10 1:15 | 1:15 (30) 17:13 2:03 | 1:33 (30) 20:13 3:00 | 1:13 (30) 23:09 2:56 | 1:25 (30) 24:45 1:36 | 1:13 (30) 26:32 1:47 | 1:10 (30) 29:21 2:49 | 1:34 (30) 31:57 3:36 | 1:16 (30) 39:56 4:47 | 1:38 (30) 42:36 3:12 | 1:17 (30) 45:29 2:40 | 1:27 (30) 48:31 2:53 | 1:36 (30) 51:51 3:02 | 1:37 (30) 53:26 3:20 | 1:19 (30) 54:36 1:35 | 54:36 (20) 54:36 1:10 | Finish | | | |
| 31st | Sian Mitchell HH | W21 | 440 | 56:34 | 1:21 (20) 1:51 1:51 | 1:19 (30) 3:19 1:28 | 1:20 (30) 4:58 1:39 | 1:37 (30) 8:15 3:17 | 1:25 (30) 12:27 4:12 | 1:26 (30) 16:11 3:44 | 1:29 (30) 19:27 3:16 | 1:35 (30) 22:18 2:51 | 1:17 (30) 24:49 3:29 | 1:38 (30) 28:18 1:33 | 1:26 (30) 33:12 3:21 | 1:39 (30) 36:28 3:16 | 1:38 (30) 39:24 2:56 | 1:28 (30) 41:49 3:16 | 1:16 (30) 45:48 2:25 | 1:34 (30) 47:59 3:59 | 1:10 (30) 49:58 2:11 | 1:25 (30) 52:02 1:59 | 1:30 (30) 54:10 2:04 | 1:22 (30) 56:34 2:24 | 1:22 (30) 58:58 2:08 | 56:34 (20) 56:34 2:24 | Finish | | | | |
| 32nd | Nigel Quinton HH | M50 | 440 | 57:07 | 1:22 (20) 0:54 0:54 | 1:31 (30) 2:13 1:19 | 1:24 (30) 5:00 2:47 | 1:14 (30) 7:40 3:40 | 1:32 (30) 11:14 4:12 | 1:23 (30) 15:00 3:46 | 1:33 (30) 19:12 4:12 | 1:28 (30) 24:58 2:28 | 1:39 (30) 27:26 1:48 | 1:16 (30) 29:14 2:59 | 1:38 (30) 34:28 1:50 | 1:28 (30) 36:18 1:50 | 1:14 (30) 40:58 2:04 | 1:34 (30) 43:02 3:13 | 1:25 (30) 46:15 3:35 | 1:13 (30) 49:50 3:22 | 1:33 (30) 53:12 2:46 | 1:15 (30) 55:03 1:51 | 1:30 (30) 57:16 2:04 | 1:22 (30) 58:42 2:04 | 1:19 (30) 59:48 1:51 | 1:22 (30) 60:35 2:04 | Finish | | | | |
| 33rd | Neil Gostick HH | M45 | 440 | 59:51 | 1:30 (30) 1:35 1:35 | 1:12 (20) 2:47 1:12 | 1:23 (30) 5:33 2:46 | 1:15 (30) 8:35 4:12 | 1:33 (30) 12:47 3:03 | 1:13 (30) 15:50 1:50 | 1:25 (30) 17:40 3:27 | 1:11 (30) 21:07 3:34 | 1:34 (30) 24:41 1:59 | 1:16 (30) 29:43 3:03 | 1:28 (30) 32:31 2:48 | 1:39 (30) 35:34 3:03 | 1:26 (30) 38:27 2:53 | 1:38 (30) 39:51 1:24 | 1:17 (30) 43:13 3:22 | 1:35 (30) 45:27 2:14 | 1:27 (30) 47:30 2:03 | 1:36 (30) 50:00 3:14 | 1:37 (30) 53:14 3:18 | 1:20 (30) 56:32 3:18 | 1:19 (30) 58:24 1:52 | 59:51 (10) 59:51 1:27 | Finish | | | | |
| 34th | Dorien James SMOC | M50 | 440 | 62:10 | 1:21 (20) 1:22 1:22 | 1:20 (30) 3:19 1:57 | 1:36 (30) 6:01 2:42 | 1:32 (30) 8:48 2:47 | 1:15 (20) 11:56 3:08 | 1:27 (30) 14:28 2:32 | 1:35 (30) 16:44 2:16 | 1:17 (30) 18:49 2:05 | 1:38 (30) 22:03 3:14 | 1:26 (30) 23:29 1:26 | 1:39 (30) 26:30 3:01 | 1:16 (30) 29:19 2:49 | 1:34 (30) 31:57 2:38 | 1:25 (30) 33:52 1:55 | 1:13 (30) 37:16 3:24 | 1:33 (30 | | | | | | | | | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|------|----------------------|-----|-----|-------|------|------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|--------|--------|--------|--|--|--|
| | Embrey HOC | | | | (20) | (20) | (30) | (30) | (20) | (30) | (10) | (30) | (20) | (30) | (10) | (30) | (20) | (10) | (30) | (10) | 58:24 | | | | | |
| | | | | | 1:54 | 4:30 | 7:48 | 11:05 | 13:23 | 16:37 | 20:03 | 25:00 | 27:53 | 32:32 | 35:38 | 38:36 | 43:35 | 46:24 | 49:35 | 52:45 | 56:43 | 1:41 | | | | |
| | | | | | 1:54 | 2:36 | 3:18 | 3:17 | 2:18 | 3:14 | 3:26 | 4:57 | 2:53 | 4:39 | 3:06 | 2:58 | 4:59 | 2:49 | 3:11 | 3:10 | 3:58 | | | | | |
| 56th | Peter Cheetham CHIG | M50 | 360 | 59:21 | 121 | 137 | 136 | 129 | 127 | 135 | 117 | 138 | 126 | 139 | 116 | 134 | 110 | 125 | 130 | 122 | Finish | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (30) | (10) | (30) | (20) | (30) | (10) | (30) | (10) | (20) | (30) | (20) | 59:21 | | | | | |
| | | | | | 1:46 | 4:43 | 9:23 | 14:20 | 18:04 | 21:41 | 25:44 | 31:05 | 33:22 | 37:39 | 39:49 | 42:30 | 47:22 | 51:06 | 53:13 | 57:10 | 2:11 | | | | | |
| | | | | | 1:46 | 2:57 | 4:40 | 4:57 | 3:44 | 3:37 | 4:03 | 5:21 | 2:17 | 4:17 | 2:10 | 2:41 | 4:52 | 3:44 | 2:07 | 3:57 | | | | | | |
| 57th | Hans Rutlin LOK | M40 | 350 | 59:14 | 130 | 112 | 123 | 115 | 133 | 113 | 125 | 134 | 128 | 116 | 139 | 126 | 138 | 111 | 120 | 121 | 122 | 119 | Finish | | | |
| | | | | | (30) | (10) | (20) | (10) | (30) | (10) | (20) | (30) | (20) | (10) | (30) | (20) | (30) | (10) | (20) | (20) | (20) | (10) | 59:14 | | | |
| | | | | | 1:31 | 2:58 | 5:56 | 8:41 | 13:02 | 16:55 | 18:59 | 22:28 | 28:59 | 33:43 | 37:01 | 40:16 | 41:48 | 44:06 | 49:45 | 52:41 | 55:04 | 57:56 | 1:18 | | | |
| | | | | | 1:31 | 1:27 | 2:58 | 2:45 | 4:21 | 3:53 | 2:04 | 3:29 | 6:31 | 4:44 | 3:18 | 3:15 | 1:32 | 2:18 | 5:39 | 2:56 | 2:23 | 2:52 | | | | |
| 58th | Mike Elliot MV | M60 | 350 | 59:38 | 122 | 131 | 124 | 114 | 132 | 123 | 112 | 130 | 125 | 113 | 115 | 133 | 128 | 116 | 139 | 134 | 110 | 119 | Finish | | | |
| | | | | | (30) | (30) | (20) | (10) | (30) | (20) | (10) | (30) | (20) | (10) | (30) | (20) | (10) | (30) | (30) | (10) | (10) | 59:38 | | | | |
| | | | | | 1:08 | 2:54 | 6:18 | 9:59 | 13:41 | 17:44 | 20:59 | 22:46 | 24:38 | 26:59 | 29:10 | 34:51 | 41:11 | 44:56 | 47:53 | 51:25 | 55:38 | 58:03 | 1:35 | | | |
| | | | | | 1:08 | 1:46 | 3:24 | 3:41 | 3:42 | 4:03 | 3:15 | 1:47 | 1:52 | 2:21 | 2:11 | 5:41 | 6:20 | 3:45 | 2:57 | 3:32 | 4:13 | 2:25 | | | | |
| 59th | Ruth Rhodes SO | W65 | 340 | 58:22 | 122 | 131 | 130 | 125 | 110 | 134 | 139 | 126 | 138 | 117 | 135 | 127 | 136 | 120 | 119 | Finish | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (10) | (30) | (30) | (20) | (30) | (10) | (30) | (20) | (30) | (20) | (10) | 58:22 | | | | | | |
| | | | | | 1:39 | 4:04 | 8:10 | 11:20 | 14:38 | 19:42 | 25:07 | 29:38 | 31:47 | 37:15 | 40:20 | 43:07 | 46:46 | 52:55 | 55:55 | 2:27 | | | | | | |
| | | | | | 1:39 | 2:25 | 4:06 | 3:10 | 3:18 | 5:04 | 5:25 | 4:31 | 2:09 | 5:28 | 3:05 | 2:47 | 3:39 | 6:09 | 3:00 | | | | | | | |
| 60th | Gerry Butcher LOK | M60 | 340 | 59:16 | 121 | 137 | 136 | 129 | 127 | 135 | 138 | 126 | 139 | 116 | 134 | 125 | 130 | 122 | Finish | | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (30) | (30) | (20) | (30) | (10) | (30) | (20) | (30) | (20) | 59:16 | | | | | | | |
| | | | | | 1:47 | 4:09 | 7:26 | 11:04 | 14:13 | 16:33 | 22:01 | 24:10 | 28:34 | 30:57 | 33:35 | 37:22 | 54:22 | 57:20 | 1:56 | | | | | | | |
| | | | | | 1:47 | 2:22 | 3:17 | 3:38 | 3:09 | 2:20 | 5:28 | 2:09 | 4:24 | 2:23 | 2:38 | 3:47 | 17:00 | 2:58 | | | | | | | | |
| 61st | Thomas M'caw HH | M12 | 340 | 59:31 | 122 | 131 | 124 | 114 | 132 | 123 | 112 | 130 | 125 | 113 | 110 | 134 | 116 | 128 | 139 | 138 | 111 | Finish | | | | |
| | | | | | (20) | (30) | (20) | (10) | (30) | (20) | (10) | (30) | (20) | (10) | (10) | (30) | (10) | (20) | (30) | (10) | (30) | 59:31 | | | | |
| | | | | | 1:02 | 2:33 | 4:58 | 7:59 | 10:49 | 13:53 | 16:39 | 18:01 | 20:04 | 22:28 | 30:42 | 33:50 | 37:00 | 39:51 | 43:20 | 51:57 | 55:28 | 4:03 | | | | |
| | | | | | 1:02 | 1:31 | 2:25 | 3:01 | 2:50 | 3:04 | 2:46 | 1:22 | 2:03 | 2:24 | 8:14 | 3:08 | 3:10 | 2:51 | 3:29 | 8:37 | 3:31 | | | | | |
| 62nd | Margaret Jones NGOC | W40 | 340 | 62:27 | 121 | 137 | 136 | 129 | 127 | 135 | 117 | 138 | 126 | 139 | 116 | 128 | 134 | 125 | 113 | 133 | 115 | 130 | Finish | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (30) | (10) | (30) | (20) | (30) | (10) | (20) | (30) | (20) | (10) | (30) | (10) | (30) | 62:27 | | | |
| | | | | | 2:34 | 4:59 | 8:40 | 13:05 | 16:47 | 19:44 | 22:36 | 28:01 | 29:44 | 33:03 | 35:21 | 38:33 | 43:24 | 47:16 | 49:16 | 53:51 | 58:10 | 60:29 | 1:58 | | | |
| | | | | | 2:34 | 2:25 | 3:41 | 4:25 | 3:42 | 2:57 | 2:52 | 5:25 | 1:43 | 3:19 | 2:18 | 3:12 | 4:51 | 3:52 | 2:00 | 4:35 | 4:19 | 2:19 | | | | |
| 63rd | Becky Young HH | W16 | 330 | 56:09 | 121 | 136 | 127 | 117 | 126 | 138 | 134 | 125 | 115 | 123 | 132 | 131 | 122 | 112 | 130 | Finish | | | | | | |
| | | | | | (20) | (30) | (20) | (10) | (20) | (30) | (30) | (20) | (10) | (20) | (30) | (30) | (20) | (10) | (30) | 56:09 | | | | | | |
| | | | | | 1:35 | 8:23 | 10:43 | 14:32 | 19:45 | 21:47 | 23:55 | 29:03 | 33:44 | 36:47 | 41:05 | 44:43 | 47:21 | 52:06 | 53:50 | 2:19 | | | | | | |
| | | | | | 1:35 | 6:48 | 2:20 | 3:49 | 5:13 | 2:02 | 2:08 | 5:08 | 4:41 | 3:03 | 4:18 | 3:38 | 2:38 | 4:45 | 1:44 | | | | | | | |
| 64th | Robin Barris HH | M75 | 330 | 59:24 | 121 | 137 | 136 | 127 | 135 | 138 | 126 | 139 | 128 | 134 | 125 | 130 | 122 | Finish | | | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (30) | (30) | (20) | (30) | (20) | (30) | (20) | (30) | (20) | 59:24 | | | | | | | | |
| | | | | | 2:18 | 5:57 | 10:15 | 16:13 | 19:42 | 28:07 | 30:30 | 35:38 | 39:45 | 45:08 | 50:04 | 52:40 | 56:33 | 2:51 | | | | | | | | |
| | | | | | 2:18 | 3:39 | 4:18 | 5:58 | 3:29 | 8:25 | 2:23 | 5:08 | 4:07 | 5:23 | 4:56 | 2:36 | 3:53 | | | | | | | | | |
| 65th | Efea Rutlin LOK | W14 | 310 | 54:28 | 130 | 112 | 123 | 115 | 133 | 113 | 125 | 134 | 128 | 116 | 139 | 126 | 138 | 111 | 119 | 121 | Finish | | | | | |
| | | | | | (30) | (10) | (20) | (10) | (30) | (10) | (20) | (30) | (20) | (10) | (30) | (20) | (30) | (10) | (10) | (20) | 54:28 | | | | | |
| | | | | | 1:33 | 3:00 | 5:57 | 8:43 | 12:58 | 16:56 | 18:54 | 22:32 | 28:56 | 33:47 | 37:23 | 40:27 | 41:49 | 44:17 | 50:02 | 51:53 | 2:35 | | | | | |
| | | | | | 1:33 | 1:27 | 2:57 | 2:46 | 4:15 | 3:58 | 1:58 | 3:38 | 6:24 | 4:51 | 3:36 | 3:04 | 1:22 | 2:28 | 5:45 | 1:51 | | | | | | |
| 66th | Richard Baldwin SN | M65 | 310 | 57:01 | 121 | 137 | 136 | 127 | 135 | 117 | 138 | 126 | 139 | 116 | 134 | 111 | 110 | 119 | 120 | Finish | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (30) | (10) | (30) | (20) | (30) | (10) | (30) | (10) | (10) | (10) | (20) | 57:01 | | | | | | |
| | | | | | 2:39 | 5:50 | 10:18 | 13:05 | 16:28 | 19:34 | 24:34 | 26:45 | 31:35 | 35:27 | 38:24 | 41:13 | 46:48 | 49:39 | 52:05 | 4:56 | | | | | | |
| | | | | | 2:39 | 3:11 | 4:28 | 2:47 | 3:23 | 3:06 | 5:00 | 2:11 | 4:50 | 3:52 | 2:57 | 2:49 | 5:35 | 2:51 | 2:26 | | | | | | | |
| 67th | Chris Miller DEVON | M50 | 310 | 58:05 | 121 | 137 | 136 | 129 | 127 | 135 | 117 | 138 | 126 | 139 | 128 | 116 | 134 | 110 | Finish | | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (30) | (10) | (30) | (20) | (30) | (20) | (10) | (30) | (10) | 58:05 | | | | | | | |
| | | | | | 1:50 | 4:33 | 9:01 | 13:47 | 17:31 | 20:58 | 24:35 | 30:24 | 32:55 | 37:28 | 41:37 | 48:36 | 52:04 | 56:29 | 1:36 | | | | | | | |
| | | | | | 1:50 | 2:43 | 4:28 | 4:46 | 3:44 | 3:27 | 3:37 | 5:49 | 2:31 | 4:33 | 4:09 | 6:59 | 3:28 | 4:25 | | | | | | | | |
| 68th | Maria Pereverzina HH | W16 | 300 | 57:10 | 122 | 131 | 114 | 132 | 112 | 130 | 125 | 134 | 116 | 139 | 126 | 138 | 111 | 110 | 119 | Finish | | | | | | |
| | | | | | (20) | (30) | (10) | (30) | (10) | (30) | (20) | (30) | (10) | (30) | (20) | (30) | (10) | (10) | (10) | 57:10 | | | | | | |
| | | | | | 1:06 | 3:00 | 8:56 | 13:37 | 17:48 | 19:55 | 22:10 | 26:37 | 31:37 | 35:50 | 42:42 | 44:24 | 46:15 | 52:43 | 55:01 | 2:09 | | | | | | |
| | | | | | 1:06 | 1:54 | 5:56 | 4:41 | 4:11 | 2:07 | 2:15 | 4:27 | 5:00 | 4:13 | 6:52 | 1:42 | 1:51 | 6:28 | 2:18 | | | | | | | |
| 69th | Roberta Baldwin SN | W60 | 290 | 54:23 | 122 | 131 | 124 | 114 | 132 | 123 | 115 | 113 | 125 | 130 | 121 | 137 | 120 | 119 | 110 | Finish | | | | | | |
| | | | | | (20) | (30) | (20) | (10) | (30) | (20) | (10) | (10) | (20) | (30) | (20) | (30) | (20) | (10) | (10) | 54:23 | | | | | | |
| | | | | | 0:58 | 3:05 | 6:34 | 10:06 | 14:17 | 18:48 | | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | | | | | | | | | | | |
|------|-----------------------|-----|-----|-------|-------|-------|---------|-------|-------|-------|-------|-------|--------|-------|--------|--------|--------|--------|--------|-------|--|--|--|--|
| | HAVOC | | | | 2:07 | 3:49 | 8:05 | 11:38 | 16:04 | 22:50 | 30:26 | 33:15 | 36:40 | 39:31 | 40:52 | 44:56 | 48:45 | 2:13 | | | | | | |
| | | | | | 2:07 | 1:42 | 4:16 | 3:33 | 4:26 | 6:46 | 7:36 | 2:49 | 3:25 | 2:51 | 1:21 | 4:04 | 3:49 | | | | | | | |
| 75th | Rachael Lambley IND | W35 | 260 | 54:28 | 122 | 131 | 112 | 130 | 115 | 113 | 125 | 134 | 138 | 126 | 111 | 120 | 119 | 110 | Finish | | | | | |
| | | | | | (20) | (30) | (10) | (30) | (10) | (10) | (20) | (30) | (30) | (20) | (10) | (20) | (10) | (10) | (10) | 54:28 | | | | |
| | | | | | 1:05 | 3:09 | 9:33 | 11:46 | 16:08 | 18:16 | 20:39 | 29:13 | 32:05 | 34:07 | 39:02 | 43:27 | 46:07 | 51:55 | 2:33 | | | | | |
| | | | | | 1:05 | 2:04 | 6:24 | 2:13 | 4:22 | 2:08 | 2:23 | 8:34 | 2:52 | 2:02 | 4:55 | 4:25 | 2:40 | 5:48 | | | | | | |
| 76th | Lynne Moulding IND | W21 | 260 | 59:08 | 130 | 112 | 123 | 132 | 131 | 115 | 133 | 113 | 125 | 134 | 138 | 111 | Finish | | | | | | | |
| | | | | | (30) | (10) | (20) | (30) | (30) | (10) | (30) | (10) | (20) | (30) | (30) | (10) | (30) | (10) | (10) | 59:08 | | | | |
| | | | | | 2:11 | 4:38 | 8:49 | 14:49 | 18:24 | 30:34 | 36:53 | 43:04 | 45:12 | 48:53 | 52:04 | 55:08 | 4:00 | | | | | | | |
| | | | | | 2:11 | 2:27 | 4:11 | 6:00 | 3:35 | 12:10 | 6:19 | 6:11 | 2:08 | 3:41 | 3:11 | 3:04 | | | | | | | | |
| 77th | Josh M'caw HH | M10 | 240 | 54:40 | 130 | 125 | 134 | 119 | 120 | 137 | 136 | 121 | 122 | 131 | Finish | | | | | | | | | |
| | | | | | (30) | (20) | (30) | (10) | (20) | (30) | (30) | (20) | (20) | (30) | 54:40 | | | | | | | | | |
| | | | | | 1:48 | 3:37 | 7:40 | 21:17 | 23:43 | 29:20 | 34:24 | 40:28 | 45:09 | 47:34 | 7:06 | | | | | | | | | |
| | | | | | 1:48 | 1:49 | 4:03 | 13:37 | 2:26 | 5:37 | 5:04 | 6:04 | 4:41 | 2:25 | | | | | | | | | | |
| 78th | Stephen Clayton IND | | 240 | 61:10 | 122 | 131 | 132 | 123 | 128 | 116 | 139 | 126 | 138 | 135 | 127 | 120 | Finish | | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (10) | (30) | (20) | (30) | (30) | (20) | (20) | (20) | (20) | 61:10 | | | | | |
| | | | | | 1:16 | 3:22 | 7:15 | 10:46 | 23:46 | 28:39 | 32:49 | 37:12 | 39:10 | 44:41 | 48:30 | 56:22 | 4:48 | | | | | | | |
| | | | | | 1:16 | 2:06 | 3:53 | 3:31 | 13:00 | 4:53 | 4:10 | 4:23 | 1:58 | 5:31 | 3:49 | 7:52 | | | | | | | | |
| 79th | Jorge Gaitan IND | M21 | 230 | 54:06 | 130 | 125 | 113 | 133 | 123 | 132 | 114 | 124 | 131 | 112 | 122 | Finish | | | | | | | | |
| | | | | | (30) | (20) | (10) | (30) | (20) | (30) | (10) | (20) | (30) | (10) | (20) | 54:06 | | | | | | | | |
| | | | | | 2:26 | 5:07 | 9:15 | 13:43 | 20:54 | 25:43 | 30:27 | 34:41 | 41:12 | 45:52 | 51:36 | 2:30 | | | | | | | | |
| | | | | | 2:26 | 2:41 | 4:08 | 4:28 | 7:11 | 4:49 | 4:44 | 4:14 | 6:31 | 4:40 | 5:44 | | | | | | | | | |
| 80th | Laura Herbert HH | W10 | 230 | 56:12 | 130 | 112 | 123 | 131 | 122 | 121 | 137 | 136 | 120 | 119 | 110 | Finish | | | | | | | | |
| | | | | | (30) | (10) | (20) | (30) | (20) | (20) | (30) | (30) | (20) | (10) | (10) | 56:12 | | | | | | | | |
| | | | | | 2:33 | 4:46 | 9:46 | 18:21 | 22:12 | 26:48 | 34:46 | 39:57 | 45:45 | 48:30 | 54:16 | 1:56 | | | | | | | | |
| | | | | | 2:33 | 2:13 | 5:00 | 8:35 | 3:51 | 4:36 | 7:58 | 5:11 | 5:48 | 2:45 | 5:46 | | | | | | | | | |
| 81st | Anne Power LOK | W75 | 230 | 56:17 | 130 | 125 | 134 | 139 | 126 | 138 | 111 | 119 | 121 | 122 | 110 | Finish | | | | | | | | |
| | | | | | (30) | (20) | (30) | (30) | (20) | (30) | (10) | (10) | (20) | (20) | (10) | 56:17 | | | | | | | | |
| | | | | | 11:39 | 13:53 | 18:42 | 23:53 | 29:23 | 31:09 | 34:54 | 41:17 | 43:55 | 47:42 | 53:49 | 2:28 | | | | | | | | |
| | | | | | 11:39 | 2:14 | 4:49 | 5:11 | 5:30 | 1:46 | 3:45 | 6:23 | 2:38 | 3:47 | 6:07 | | | | | | | | | |
| 82nd | Jacqueline Embrey HOC | W50 | 230 | 57:20 | 122 | 131 | 124 | 114 | 132 | 123 | 115 | 133 | 113 | 125 | 130 | Finish | | | | | | | | |
| | | | | | (20) | (30) | (20) | (10) | (30) | (20) | (10) | (30) | (10) | (20) | (30) | 57:20 | | | | | | | | |
| | | | | | 1:24 | 4:25 | 10:17 | 15:49 | 21:24 | 28:02 | 32:50 | 41:45 | 48:47 | 51:39 | 54:08 | 3:12 | | | | | | | | |
| | | | | | 1:24 | 3:01 | 5:52 | 5:32 | 5:35 | 6:38 | 4:48 | 8:55 | 7:02 | 2:52 | 2:29 | | | | | | | | | |
| 83rd | Ros James SMOG | W50 | 230 | 57:25 | 122 | 131 | 114 | 132 | 123 | 133 | 113 | 125 | 134 | 119 | 121 | Finish | | | | | | | | |
| | | | | | (20) | (30) | (10) | (30) | (20) | (30) | (10) | (20) | (30) | (10) | (20) | 57:25 | | | | | | | | |
| | | | | | 1:53 | 4:38 | 9:52 | 13:43 | 19:55 | 26:18 | 36:20 | 39:36 | 43:44 | 52:55 | 54:46 | 2:39 | | | | | | | | |
| | | | | | 1:53 | 2:45 | 5:14 | 3:51 | 6:12 | 6:23 | 10:02 | 3:16 | 4:08 | 9:11 | 1:51 | | | | | | | | | |
| 84th | Virginia Catmur SLOW | W55 | 230 | 58:23 | 130 | 112 | 123 | 133 | 115 | 113 | 125 | 134 | 111 | 110 | 119 | 120 | 121 | Finish | | | | | | |
| | | | | | (30) | (10) | (20) | (30) | (10) | (10) | (20) | (30) | (10) | (10) | (10) | (20) | (20) | 58:23 | | | | | | |
| | | | | | 2:17 | 4:49 | 9:08 | 14:58 | 25:02 | 31:12 | 33:49 | 37:56 | 41:01 | 46:44 | 49:50 | 52:07 | 55:54 | 2:29 | | | | | | |
| | | | | | 2:17 | 2:32 | 4:19 | 5:50 | 10:04 | 6:10 | 2:37 | 4:07 | 3:05 | 5:43 | 3:06 | 2:17 | 3:47 | | | | | | | |
| 85th | Elisabeth Devan IND | W55 | 230 | 58:40 | 130 | 125 | 115 | 133 | 128 | 139 | 126 | 138 | 134 | 111 | Finish | | | | | | | | | |
| | | | | | (30) | (20) | (10) | (30) | (20) | (30) | (20) | (30) | (30) | (10) | 58:40 | | | | | | | | | |
| | | | | | 4:12 | 6:59 | 14:51 | 22:46 | 30:37 | 35:59 | 40:38 | 42:45 | 46:21 | 50:26 | 8:14 | | | | | | | | | |
| | | | | | 4:12 | 2:47 | 7:52 | 7:55 | 7:51 | 5:22 | 4:39 | 2:07 | 3:36 | 4:05 | | | | | | | | | | |
| 86th | Anna Herbert HH | W10 | 230 | 58:55 | 130 | 125 | 113 | 133 | 115 | 123 | 132 | 114 | 124 | 131 | 122 | Finish | | | | | | | | |
| | | | | | (30) | (20) | (10) | (30) | (10) | (20) | (30) | (10) | (20) | (30) | (20) | 58:55 | | | | | | | | |
| | | | | | 2:48 | 4:57 | 9:19 | 16:29 | 23:13 | 28:31 | 34:53 | 39:57 | 45:14 | 51:07 | 54:14 | 4:41 | | | | | | | | |
| | | | | | 2:48 | 2:09 | 4:22 | 7:10 | 6:44 | 5:18 | 6:22 | 5:04 | 5:17 | 5:53 | 3:07 | | | | | | | | | |
| 87th | Hazel Rice NOC | W55 | 230 | 63:19 | 122 | 131 | 124 | 114 | 132 | 123 | 133 | 128 | 139 | 126 | 138 | 127 | 136 | Finish | | | | | | |
| | | | | | (20) | (30) | (20) | (10) | (30) | (20) | (30) | (20) | (30) | (20) | (30) | (20) | (30) | 63:19 | | | | | | |
| | | | | | 1:10 | 3:20 | 7:02 | 10:45 | 15:09 | 19:09 | 26:01 | 33:23 | 37:52 | 42:30 | 45:03 | 51:34 | 54:58 | 8:21 | | | | | | |
| | | | | | 1:10 | 2:10 | 3:42 | 3:43 | 4:24 | 4:00 | 6:52 | 7:22 | 4:29 | 4:38 | 2:33 | 6:31 | 3:24 | | | | | | | |
| 88th | Lois Matthews SMOG | W50 | 210 | 54:54 | 121 | 137 | 118 | 129 | 127 | 135 | 117 | 138 | 134 | 110 | Finish | | | | | | | | | |
| | | | | | (20) | (30) | (10) | (20) | (20) | (30) | (10) | (30) | (30) | (10) | 54:54 | | | | | | | | | |
| | | | | | 2:52 | 7:17 | 14:19 | 18:42 | 24:31 | 28:59 | 33:16 | 41:21 | 44:42 | 52:22 | 2:32 | | | | | | | | | |
| | | | | | 2:52 | 4:25 | 7:02 | 4:23 | 5:49 | 4:28 | 4:17 | 8:05 | 3:21 | 7:40 | | | | | | | | | | |
| 89th | Philip Young HH | M55 | 210 | 56:54 | 130 | 131 | 122 | 124 | 132 | 123 | 115 | 113 | 125 | 110 | 119 | Finish | | | | | | | | |
| | | | | | (30) | (30) | (20) | (20) | (30) | (20) | (10) | (10) | (20) | (10) | (10) | 56:54 | | | | | | | | |
| | | | | | 4:43 | 8:53 | 12:19 | 18:44 | 31:33 | 36:54 | 41:13 | 43:40 | 46:38 | 50:23 | 54:03 | 2:51 | | | | | | | | |
| | | | | | 4:43 | 4:10 | 3:26 | 6:25 | 12:49 | 5:21 | 4:19 | 2:27 | 2:58 | 3:45 | 3:40 | | | | | | | | | |
| 90th | Alex Matthews SMOG | W16 | 200 | 54:57 | 121 | 137 | 136 | 127 | 135 | 138 | 134 | 110 | Finish | | | | | | | | | | | |
| | | | | | (20) | (30) | (30) | (20) | (30) | (30) | (10) | 54:57 | | | | | | | | | | | | |
| | | | | | 5:13 | 10:56 | 17:13</ | | | | | | | | | | | | | | | | | |

| | | | | | | | | | | | | | | | | | |
|-------|----------------------|-----|-----|-------|------|-------|-------|-------|-------|--------|--------|--------|--------|--------|-------|--------|-------|
| 94th | Jennifer Taylor CHIG | W65 | 190 | 57:23 | 4:01 | 3:12 | 6:13 | 7:40 | 3:07 | 3:31 | 6:49 | 4:12 | 2:36 | 6:57 | 5:10 | Finish | |
| | | | | | 130 | 112 | 132 | 123 | 115 | 113 | 125 | 134 | 111 | 110 | 119 | | 57:23 |
| | | | | | (30) | (10) | (30) | (20) | (10) | (10) | (20) | (30) | (10) | (10) | (10) | | 2:40 |
| | | | | | 3:47 | 6:44 | 13:30 | 19:58 | 25:25 | 28:14 | 32:21 | 38:33 | 42:37 | 50:52 | 54:43 | | 2:40 |
| 95th | Accabre Rutlin LOK | W40 | 170 | 56:44 | 121 | 137 | 135 | 127 | 129 | 118 | 120 | 119 | 110 | Finish | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (10) | (20) | (10) | (10) | 56:44 | | | |
| | | | | | 2:10 | 5:29 | 15:23 | 19:24 | 24:32 | 33:54 | 45:33 | 49:04 | 54:29 | 2:15 | | | |
| | | | | | 2:10 | 3:19 | 9:54 | 4:01 | 5:08 | 9:22 | 11:39 | 3:31 | 5:25 | | | | |
| 96th | Kai Rutlin LOK | M16 | 160 | 58:35 | 121 | 137 | 135 | 127 | 129 | 118 | 120 | 119 | Finish | | | | |
| | | | | | (20) | (30) | (30) | (20) | (20) | (10) | (20) | (10) | 58:35 | | | | |
| | | | | | 2:08 | 5:31 | 15:27 | 19:56 | 29:08 | 35:16 | 46:15 | 50:01 | 8:34 | | | | |
| | | | | | 2:08 | 3:23 | 9:56 | 4:29 | 9:12 | 6:08 | 10:59 | 3:46 | | | | | |
| 97th | Gillian Grainger HH | W65 | 150 | 50:48 | 121 | 137 | 120 | 134 | 139 | 128 | Finish | | | | | | |
| | | | | | (20) | (30) | (20) | (30) | (30) | (20) | 50:48 | | | | | | |
| | | | | | 2:37 | 6:22 | 14:30 | 20:51 | 32:53 | 38:09 | 12:39 | | | | | | |
| | | | | | 2:37 | 3:45 | 8:08 | 6:21 | 12:02 | 5:16 | | | | | | | |
| 98th | Rebecca Gumbrell HH | W55 | 130 | 54:50 | 119 | 110 | 134 | 139 | 116 | 128 | 125 | Finish | | | | | |
| | | | | | (10) | (10) | (30) | (30) | (10) | (20) | (20) | 54:50 | | | | | |
| | | | | | 5:25 | 14:47 | 22:00 | 28:07 | 32:34 | 38:49 | 50:35 | 4:15 | | | | | |
| | | | | | 5:25 | 9:22 | 7:13 | 6:07 | 4:27 | 6:15 | 11:46 | | | | | | |
| 99th | Joseph Fielding HH | M12 | 120 | 57:16 | 122 | 130 | 125 | 133 | 113 | 110 | Finish | | | | | | |
| | | | | | (20) | (30) | (20) | (30) | (10) | (10) | 57:16 | | | | | | |
| | | | | | 2:56 | 13:37 | 17:37 | 33:25 | 43:28 | 53:34 | 3:42 | | | | | | |
| | | | | | 2:56 | 10:41 | 4:00 | 15:48 | 10:03 | 10:06 | | | | | | | |
| 100th | Sophie Jones UR | W10 | 90 | 42:46 | 121 | 137 | 120 | 119 | 110 | Finish | | | | | | | |
| | | | | | (20) | (30) | (20) | (10) | (10) | 42:46 | | | | | | | |
| | | | | | 5:21 | 12:37 | 25:04 | 30:33 | 41:11 | 1:35 | | | | | | | |
| | | | | | 5:21 | 7:16 | 12:27 | 5:29 | 10:38 | | | | | | | | |