

# Gladstone Park, Park Race – Thursday 5<sup>th</sup> July

[The Queensbury \(NW2 4RS\)](#) – 1 minute from Willesden Green station (12 minutes from Baker St).

Start: 9 minute walk from registration / pub.

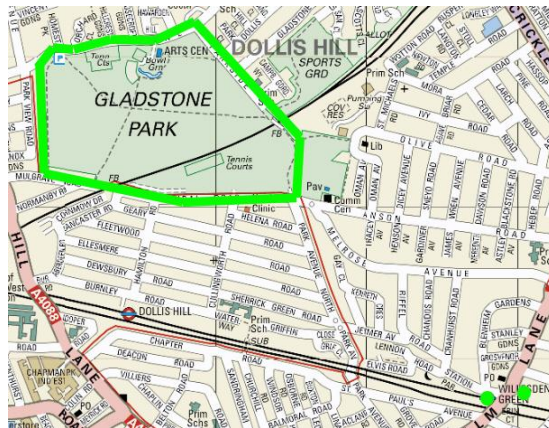
**NEW** New 1:5,000 ISSOM (sprint) map! Every tree marked ... lots of decisions about which way to go ...

Registration: 18:00.

Starts from 18:15 to 19:30.

5km and 2.5km courses.

No book – just turn up!



Photos courtesy of flickr: tbaatar,garyinthesouth, Isla Wright