





Leith Hill (Surrey) Middle Distance

(incorporating SE Middle Championship 2012) Level C event.

Monday 4th June 2012

Final Details

Last updated: 29th May 2012

VENUE

One of the best orienteering areas in the south east. The area used for all courses is the area used for the World Cup in 2005 and that used for longer courses at JK2008. The terrain consists of gently rolling areas dotted with thickets, and some areas of highly detailed complex contours. There are areas of knot weed (marked with vertical green stripes) that will make passage more difficult but in general the area is very runnable.

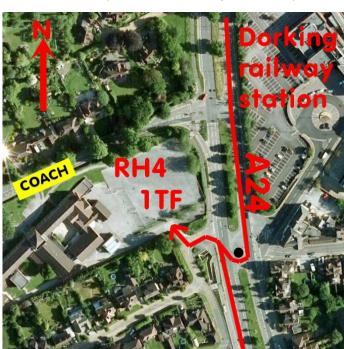
PARKING

- Ashcombe School, Dorking RH4 1LY, TQ 169503
- £2 car parking fee.
- Registration and all facilities located within the school grounds.
- The entrance is narrow, and pedestrians will be walking through the entrance area, so keep speed to a minimum.

DIRECTIONS

- Entrance is off A24, opposite Dorking railway station (RH4 1TF, TQ 170 504).
- Event is ONLY sign-posted at mini roundabout on A24 (black dot on aerial photo below) and at turning in to the school from the A24.





PRE-ENTRIES

- No further entries being taken.
- Coach times: All pre-entries have been allocated a <u>SPECIFIC</u> coach time. EVERY seat is
 allocated so missing your allocated time may mean a significant wait. Coaches depart 5
 minute walk from Registration please be at the coach boarding point 10 minutes before your
 departure time.
- Entry queries: Chairman@londonorienteering.co.uk

ENTRY ON THE DAY

- There are NO further entries being taken as all coaches are full.
- There are NO entries on the day as all coaches are full.

COURSES

You are free to enter any course but, if you wish to compete in the SE championship, you must enter the course stipulated here.

Colour	Men Classes	Women Classes	Distance	Climb	Controls
Black	M21M35 M40 M18 M20		5.0km	240m	25
Brown	M45 M50	W21 W18 W20	4.3km	160m	23
Blue	M55 M60 M16	W35 W40	4.0km	160m	20
Green	M65 M70	W45 W50 W16	3.0km	130m	18
Short	M75 M80	W55 W60 W65	2.4km	100m	15
Green		W70 W75 W80			
Light	M14	W14	2.4km	85m	12
Green					
Orange	M12	W12	1.8km.	35m	11
Yellow	M10	W10	1.7km	30m	11
White	not part of SE championship		1.3km	20m	10

Any junior that is being shadowed shall be non-competitive, likewise for the shadower unless they have already run their course.

ELECTRONIC PUNCHING

- SPORTident punching will be used.
- If you have pre-entered, and paid for a hire dibber, these can be collected from Registration at the school.
- Charge for lost dibbers is £30.

MAP

- 1:7,500, 5 metre contours.
- Pre-marked, slightly larger than A4 maps printed on waterproof paper (no plastic bag necessary or supplied).
- White and Yellow maps available to these course participants at entry in to Start Lane.

CONTROL DESCRIPTIONS

- IOF pictorial control descriptions will be printed on all competition maps, with additional text descriptions for courses Orange, Yellow and White.
- Loose waterproof copies for all courses will only be available in the start lanes.

ASSEMBLY START & FINISH

- There is a 20 minute coach transfer to the Assembly area.
- · Coaches depart roughly every 15-20 minutes.
- You have been allocated a 'coach block boarding' time ... this equates to the time you need to be boarding the coach at the school .. I repeat, the time you need to be **boarding the coach**.
- There is a 3 minute walk to Assembly from the coach drop-off point. This is also where the Finish is located.
- There is NO CAR PARKING near Assembly ... you must park at the school.
- You may leave clothes and your drinks (there is NO drink provided at the Finish) at Assembly. This will be un-manned so please leave no valuables (eg car keys can be left at Registration).
- The Start is c350m from Assembly allow up to 5 mins.
- There is a track on the way to the Start to warm-up on.... just observe the Out of Bounds signs.
- White and Yellow course maps will be collected at entry to start lanes.
- It is a punching start.
- Download is back at the school.
- Whilst you are welcome to remain in the Assembly area to cheer-on your club runners as they finish, remember that there are nine coach loads of competitors to get back to the school ... you won't all fit in the 15:00 coach ... and it's a very long walk back!

TIMES

- Registration opens: 09:00
- First coach: 09:45First Start: 10:30
- Registration closes: 12:00
- Last coach to Start: 12:15
- Last start: 13:00
- Courses close at 14:30
- Last coach back to school leaves Leith Hill: 15:00.

PRIZES

• It is our intention to award medals to the winners of each Class as soon as possible after courses close. Only SEOA members are eligible for these awards, so winners of each age class don't necessarily receive a medal.

PLANNERS' COMMENTS

- As this is a Middle Distance race, there are a lot of short legs and direction changes on the technical courses. Make sure you do not miss out a control.
- There are 2 last controls with separate taped run-ins to a common Finish. Make sure you punch at the correct last control for your course.
- Both run-ins are downhill with some steep parts take care. If you have time before you start, take a look!
- The area is extensively used by mountain bikers and new paths are constantly appearing. As a result, there are a number of small/less distinct/seasonal paths which are not on the map.
- There is an area on the northern half of the map where there has been extensive, relatively
 recent felling. This is marked on the maps with the Rough Open Land with Scattered Trees
 symbol, which best represents the terrain. The longer courses cross this area and the
 runnability is mostly good. There are a number of extraction lanes throughout the area of
 which only the most significant are mapped.

FACILITIES

- Toilets are provided ONLY AT THE SCHOOL. Please travel on the coaches empty!
- Drinks are NOT provided. Please use the clothing/drink 'dump' at Assembly
- We are NOT able to accommodate any traders on the school site.

SAFETY

- Competitors travelling alone may leave car keys at Enquiries.
- This is an English June day and a Bank Holiday ... as you may have to wait up to 20 minutes for a return coach please ensure you bring whatever clothing seems appropriate!
- A road crossing marshal will ensure you cross the road safely to reach Assembly, but please
 ensure any young children are kept under control at this point.
- In the event of disorientation, travel west until you reach the north-south road.
- Horses and mountain bikes use the area please be aware that they have as much right to
 use the area as we do please be courteous.
- There are a small number of areas marked off with black/yellow tape on the terrain. If you
 come across any, you should go around them. Under no circumstances, should black/yellow
 tape be crossed.

DOGS

NOT permitted on coaches.

RESULTS

- Preliminary results will be on display on the day.
- Results will be available at www.londonorienteering.co.uk.

PROTESTS / COMPLAINTS

Please see the event organiser at the event centre if you have a comment or complaint. If you subsequently wish to register a protest against the organiser's decision, please do so in writing to the Controller.

CANCELLATION

In the event of severe weather conditions or for any other reason, LOK reserves the right to cancel the event at short notice. In the unlikely event of cancellation, a notice will be posted on the LOK website(www.LondonOrienteering.co.uk). LOK will attempt to contact at least one person from each club that has a member entered. LOK retains the right to deduct an amount from entry fees received to cover costs incurred.

FESTIVAL



Full details of all four days forming the Jubilee Festival 2012 weekend can be found here

DISCLAIMER

All participants take part in this event at their own risk, and are responsible for their own safety.

OFFICIALS

• Organiser: Neil Brooks (LOK) chairman@londonorienteering.co.uk

• Planners: Ronan & Julie Cleary (LOK)

• Controller: Keith Tonkin (GO)

LAND ACCESS

We are grateful to Mr. Patrick Evelyn for allowing access to the Evelyn Wotton Estate and to Philip Trower for arranging this. We are also grateful to Andrea Neal, Surrey Wildlife Trust for her support and assistance.

LATE INFO

Please check <u>www.londonorienteering.co.uk</u> for late changes