



**Thursday 7<sup>th</sup> August 2014**

## **Highgate Wood & Queen's Wood**

### **The London Park Race Series 2014**

A series of orienteering races in London parks organised by the London orienteering clubs  
**These two ancient woods have a good path network, but often the fastest routes will be direct through the runnable but bushy terrain.**

Like all races in the series, the race is suitable for adult beginners. Full leg cover is advised due to summer undergrowth, but T-shirt, shorts and trainers are acceptable at competitor discretion.

### **Event Centre**

Event centre is The Woodman, 414 Archway Rd, Highgate, London N6 5UA. Start and Finish 100m from the pub. Click [here](#) for a map.

Travel: The pub is adjacent to **Highgate** tube station Exit 3 (Northern Line High Barnet branch). Parking available in Queen's Wood down Wood Lane.

Latitude/longitude: 51.577698, -0.145649 OS grid reference: TQ285881

### **Entry**

Registration: Between 1800 and 1915

Start Times: Between 1815 and 1930. Course closes 2030.

Entry on the day only. No need to tell us in advance unless you are bringing a group. Your entry fee includes a full colour map printed on waterproof paper, which you can keep as a souvenir after your run, and a printout of your race time and splits at the end of the race.

Entry fees:	Current members of SLOW, LOK, DFOK, MV or CHIG	£3
	All others	£4

(Note that these might have to be increased by £1 if we are charged access fees)

Electronic timing will be used. If you do not have your own SI card, then you can hire one for the event for £1. A penalty of £30 will be charged for hired SI cards that are lost or not returned, and such cards will be blacklisted.

**Courses:** Long 5.0km Short 2.5km Map: 1:5000 Planner: Elaine Battson (LOK)

The courses cross a fairly main road at traffic-light controlled crossings.

If you have any questions not addressed above, please email the organiser David Rosen at [chairman@londonorienteering.co.uk](mailto:chairman@londonorienteering.co.uk).

Competitors take part in this race at their own risk. Entries and results will be processed by computer, your entry will be taken as agreement to this. The competition is run under the rules and guidelines of, and sanctioned by, British Orienteering.

*Don't forget the next event in the series, on Thursday 14th August, at Hampstead Heath North, from the Spaniards Inn.*