



# Thursday 18<sup>th</sup> June 2015

## Finsbury Park

### The London Park Race Series 2015

[www.parkrace.org](http://www.parkrace.org)

#### London Orienteering Klubb

A series of orienteering races in London parks organised by the London orienteering clubs. Like all races in the series, the race is suitable for adult beginners. T-shirt, shorts and trainers will be fine.

Finsbury Park has a mix of open ground, formal gardens, avenues of mature trees and an arboretum area with a mix of more unusual trees.

There is also a lake, a children's play area, and an athletics track.

#### Event Centre

The Event centre is **The Faltering Fullback** (19 Perth Road N4 3HB) just a 10 minute walk from Finsbury Park Tube station (Piccadilly and Victoria Lines). The pub serves Thai food. Start and Finish 5 minutes walk away. Latitude/longitude: 51.568654,-0.108601 OS grid reference: TQ311872

#### Entry

Registration: Between 1745 and 1915.

Start Times: Between 1800 and 1930 Courses closes 2030.

Entry on the day only. Your entry fee includes a full colour map printed on waterproof paper, which you can keep as a souvenir after your run, and a printout of your race time and splits at the end of the race.

Entry fees: £4 (£1 discount for members of SLOW, LOK, DFOK or MV) Juniors £2

Electronic timing will be used. If you do not have your own SI card, then you can borrow one for the event. (A penalty of £30 will be charged for loaned SI cards that are lost!)

**Courses:** Long 5.0km Short 2.5km Map: 1:5000 Planner: Rachel Hopkins (LOK)

Competitors take part in this race at their own risk. Entries and results will be processed by computer, your entry will be taken as agreement to this. The competition is run under the rules and guidelines of, and sanctioned by, British Orienteering (Event No 68348).

*There is also an LOK park race in Victoria Park on Thursday 25<sup>th</sup> June 2015*

[www.londonorienteeing.co.uk](http://www.londonorienteeing.co.uk)

