



Thursday 25th June 2015 Victoria Park

The London Park Race Series 2015

www.parkrace.org

London Orienteering Klubb in association with **Victoria Park Harriers & Tower Hamlets AC**
A series of orienteering races in London parks organised by the London orienteering clubs

Like all races in the series, the race is suitable for adult beginners. T-shirt, shorts and trainers will be fine.

Victoria Park (known as "The People's Park") is home to many historic artefacts and features and has decorative gardens and wilder natural areas as well as open grass lands.

Event Centre

The Event centre is **The People's Park Tavern** (360 Victoria Park Road, E9 7BT) just a 10 minute walk from Homerton Overground station.

The pub serves food. Start and Finish are just inside the park.

Latitude/longitude: 51.541504,-0.037333 OS grid reference: TQ362843

Entry

Registration: Between 1745 and 1915.

Start Times: Between 1800 and 1930 Courses closes 2030.

Entry on the day only. Your entry fee includes a full colour map printed on waterproof paper, which you can keep as a souvenir after your run, and a printout of your race time and splits at the end of the race.

Entry fees: £4 (£1 discount for members of SLOW, LOK, DFOK, MV or VPH&THAC) Juniors £2
Electronic timing will be used. If you do not have your own SI card, then you can borrow one for the event. (A penalty of £30 will be charged for loaned SI cards that are lost!)

Courses: Long 5.0km Short 2.5km Map: 1:7500 Planner: Elaine Battson (LOK)

Competitors take part in this race at their own risk. Entries and results will be processed by computer, your entry will be taken as agreement to this. The competition is run under the rules and guidelines of, and sanctioned by, British Orienteering (Event No 68349).

There is also an LOK park race in Finsbury Park on Thursday 18th June 2015.

www.orienteering.london

