



Alexandra Palace Sunday 2nd July

Race 2 of Greater London Orienteering Summer Series (GLOSS)

GLOSS is a series of races run by clubs in and around London.

Beginners new to orienteering welcome. No booking necessary – just turn up.

The GLOSS course is also the basis for an inter-club competition; best six handicapped times count for each club at each event. Handicapping system based on BOF ranking as at June 2017.

CAR DIRECTIONS

Off Alexandra Palace Way, N22 7BB TQ294 897



PUBLIC TRANSPORT

Wood Green is the nearest underground station on the Piccadilly Line. (journey time is 20 minutes from Piccadilly Circus). Exit Wood Green Station and go to bus stop A to pick up the W3 bus up the hill to Alexandra Palace.

TERRAIN

Open parkland and some wooded areas on a steep slope. Some brambles and long grass.

MAP

- 1:5,000. Resurveyed May 2016 (planner updates June 2017)
- Pre-marked waterproof maps - no plastic bags supplied.

COURSES

Light Green (GLOSS) 3.6 KM / Yellow 1.8 KM
Extension 1.9 KM (subject to final controlling)

The Light Green/GLOSS course is printed on the front of the maps, with the Extension printed on the back. Competitors continuing on to the Extension must punch control 175 and NOT the Finish control, then turn over the map. Competitors doing only the Light Green/GLOSS course should punch the Finish at the end of the course (ignoring control 175) and proceed to Download.

TIMES

Registration: 10:30 – 12:15
Starts: 10:45 – 12:30
Courses close: 14:00

The start time is later than usual due to a road race earlier in the park.

PUNCHING

SI electronic punching will be used.

FEES	Entry on-the-day only. Seniors (19+) £5 (British Orienteering members); £7 non-members Juniors and families (with 1 map/1 entry) £3 SI dibber hire £1 (£35 if lost)
TOILETS	Toilet available at Boating Lake. Best to go before parking as it's a long walk (see below)
RESULTS	www.orienteering.london
ORGANISER PLANNER/CONTROLLER	Dinis Costa (LOK): enquiries to 07951 891568 Julie & Ronan Cleary (LOK)

Orienteering is an adventure sport. Competitors take part in this race at their own risk.
Entries and results will be processed by computer, your entry will be taken as agreement to this.
The competition is run under the rules and guidelines of, and sanctioned by, British Orienteering.

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