



Gladstone Park

Park Race – Tuesday 11th July

Meet – [The Queensbury](#) (NW2 4RS), opposite Willesden Green station (Jubilee line) - 10 minutes from Baker Street – exit station, turn left and cross bridge. 7 min walk to start from pub.

Open park land, but expect 100m of climb on 5km course. Note some long grass (not brambles) if susceptible to grass rash. 1:4,000 ISSOM (sprint) map.

Registration: 18:00. Starts from 18:15 to 19:30. 5km and 2.5km courses. No booking – just turn up!

