

Sunday 16th September 2017

Middle Distance Urban Orienteering

Parks and streets of Bloomsbury, London

Event Details

V6 (updates highlighted)

Summary

As part of the [City Race 2018](#) programme, with this urban orienteering event being the culmination of three days of orienteering in London.

ONLINE ENTRIES NOW CLOSED. YOU CAN ENTER ON THE DAY; THE NUMBER OF MAPS AVAILABLE ARE SHOWN BELOW.

- **We are NOT accepting reservations for maps; it is first-come-first-served from 09:00 on the Sunday**
- **Some courses are very full (see [here](#)). On the day entries will need to queue for a vacant slot; 10:30 to 11:30 is the busiest.**

Classes & courses

Course	Class	Course Length (Km)	Approx. Shortest Distance	No. of Controls	Control Descriptions
1	Men's Elite Men's Open Men's Under 21 (M20-)	4.4	7.1	27	IOF Pictorial
2	Women's Elite, Women's Open Women's Under 21s (W20-) Men's Vets (M40+)	4.0	6.8	23	IOF Pictorial
3	Women's Vets (W40+) Men's Super Vets (M55+)	3.3	4.9	20	IOF Pictorial
4	Women's Super Vets (W55+) Men's Ultra Vets (M65+)	2.5	3.7	16	IOF Pictorial
5	Women's Ultra Vets (W65+), Women's Hyper Vets (W75+) Men's Hyper Vets (M75+) Newcomers	1.9	2.6	14	IOF Pictorial & English Text
6	Juniors (M/W16-)	2.0	2.7	22	IOF Pictorial & English Text
7	Children (M/W12-)	1.5	1.9	18	IOF Pictorial & English Text

- Under 16 year olds will have courses that do cross roads, these will be marshalled. Expect these courses to be 1.5/2km (straight line).
- All the above in separate Men and Women classes except Newcomers, which is combined.

Timings

Timings have been set to allow those with long journeys home to experience a third day of orienteering in London, and still get home the same day!

- Registration open: 09:00
- Starts: 10:00 – 12:00
- Start times and courses/class combinations will be available after 9th September at https://www.sientries.co.uk/list.php?event_id=4720.

Entries

- Entries are open at [SIEntries](#).
- Entry by Sunday 12th August was at the early-bird rates.
- Entry on the day available.
- SPORTident (SI) timing will be used.
- Controls will be SIAC (“touch-free” punching)

	Closing dates	Senior	Junior
Final	Sunday 9th September	£11.00	£6.00
EOD	Entry-On-Day	£13.00	£7.00
	Extra charge for non-members *	£2.00	£1.00

* Most runners will be members of the British Orienteering Federation (BOF) or an International equivalent. BOF provide our insurance. We need to charge a little more for non-members, but we welcome you just as much.

Extras

SI Card Hire	Per Day
Standard Dibber	£1.00
SIAC (“touch-free” punching)	£2.50

Hired dibbers will be collected each day, and you will be issued with a different dibber on subsequent days.

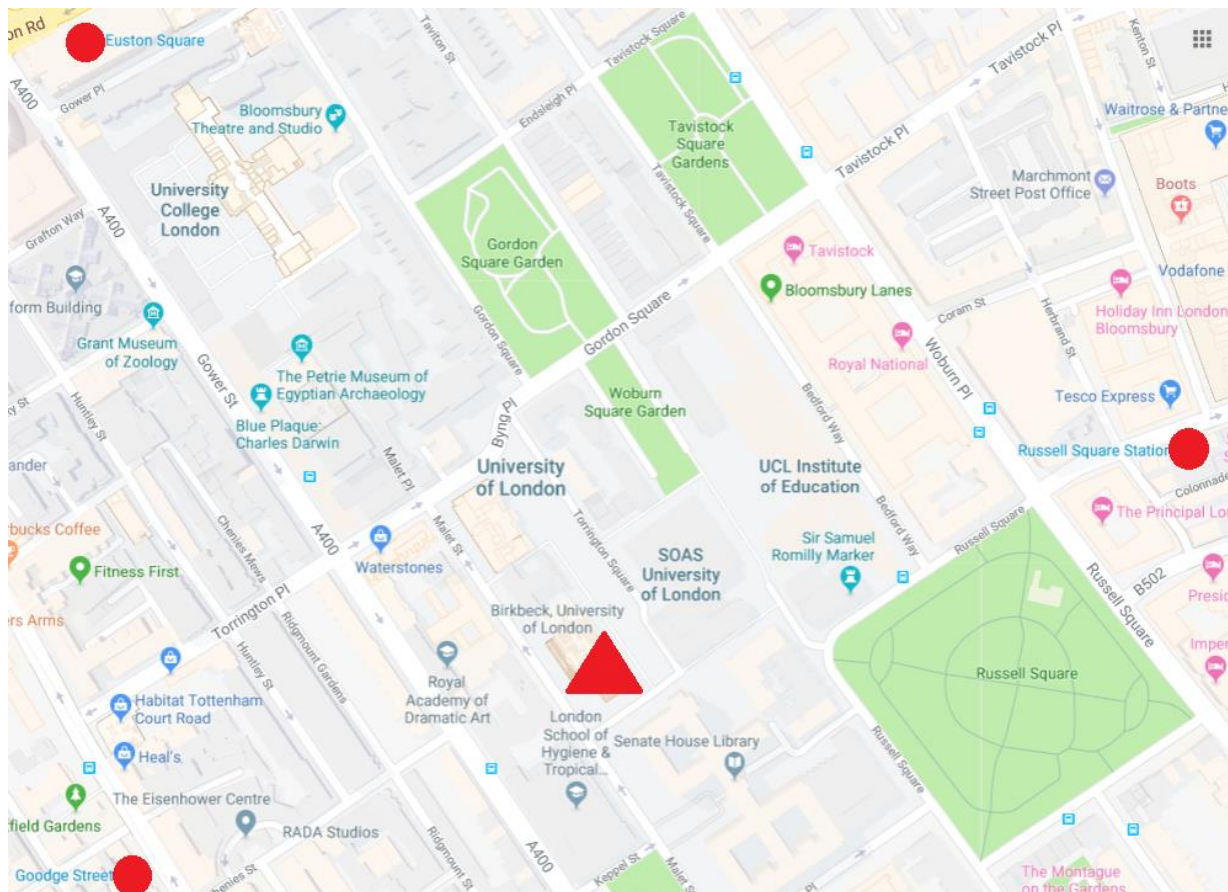
Terrain and Map

- The terrain is urban .. pavements, road crossings, alleyways and small parks
- Map will be at a scale of 1:4,000; printed on A4 waterproof paper
- [Extract of part of the area](#)

- Control descriptions will be printed on the map, and loose copies available in Start Lanes.
- Junior and Newcomer courses will have text and pictorial control descriptions.
- There is no meaningful climb on any course
- No spikes

Location and Access

- Birkbeck College, Torrington Square, WC1E 7HX
- Entrance will be signed from Torrington Square, just to east of Mallet Street
- Nearest car postcode is WC1E 7HX
- Nearest underground Stations are Euston Square, Goodge Street and Russell Square, with Euston mainline station only 10 minutes on foot
- Sunday parking allows free parking around the area .. try Mallet Street first as it's quiet



- For those arriving by Santander Cycle Hire, the nearest cycle docking stations are (red dots):



Assembly and facilities

- We have two rooms in the basement for bag storage.
- Toilets are available.
- We have arranged for the café to be open from 09:00 hrs; we won't be providing drinks at Finish.
- We do not have permission for club tents or sail flags (unless free-standing).

Start and Finish

- The start and finish are within metres of the entrance to Birkbeck College.
- Start times will be available after 9th September at https://www.sientries.co.uk/list.php?event_id=4720. Please check your times. If you arrive late for your start you will be started in the next available time slot, but you may have to wait a long time as some of the courses are close to full.
- In order to provide flexibility for those parents that wish to shadow their children or see them start, start times have not been allocated for competitors on the Children's and Junior courses on each day - turn up and run. However, parents wishing to shadow must have completed their run first if they wish to be competitive on their course.

BOF Ranking Points

- For members of BOF, this event does score Ranking Points.

Officials

- Planner Ronan & Julie Cleary (LOK)
- Organiser Neil Brooks (LOK) – captain@LondonOrienteering.co.uk
- Controller David Rosen/David Saunders