



SEOA Long Championship & SE League National Event

Holmbury Hill

Sunday 11 November 2018

FINAL DETAILS

Note that this is Remembrance Sunday.

Directions

Assembly is at the reservoir just off Radnor Road GR TQ 095437, GPS 51.182231, -0.434521 but all vehicles (except traders) must enter via **Hurtwood Control Car Park No 1** at **GR TQ 098431, GPS 51.177118,-0.430087**. Nearest postcode is GU6 7NT but that is on the wrong road. Easiest approach is from the North via Peaslake village (postcode GU5 9RW) bearing left up Radnor Road.

Note that Peaslake village will be closed to through traffic between about 10.40 and 11.20. If approaching around that time, you are best to come via Holmbury St Mary and drive round the south of Holmbury Hill.

On arrival you will drive across the right-hand side of the big public car park and through a gate; then bear left onto the forest ride leading to assembly. Earlier arrivals will be nearer to assembly than later arrivals.

Maximum walk to assembly 900 metres.

Start is 250 metres from assembly. Finish is 50 metres from assembly.

Course details

Course	Classes	Length (km)	Climb (m)	No. of controls
Black	M21L	10.9	365	27
Brown	M35L M40L	9.3	340	24
Short brown	M18L M20L M45L M50L W21L M21S	7.4	260	22
Blue	M16A M55L M60L M35S M40S W35L W40L	6.5	210	20
Short blue	M65L M18S M20S M45S M50S W18L W20L W45L W50L W21S	5.0	165	17
Green	M70L M55S M60S W16A W55L W60L W35S W40S	4.3	150	12
Short green	M75L M65S W65L W70L W18S W20S W45S W50S	3.4	135	10
Very short green	M80 M85 M70S M75S W75 W80 W85 W55S W60S W65S W70S	2.5	100	9
Light green	M14A W14A M16B W16B	3.5	110	12
Orange	M12A W12A M14B W14B	3.0	100	10
Yellow	M10A W10A M12B W12B	2.6	85	11
White	M10B W10B	1.5	30	7

Course close at 15:00. It is essential that you report to download.

Naughty Numbers will be near the assembly.

Maps

All courses will have 1:10,000 maps which are slightly smaller than A3 size. 5 metre contours. Control descriptions will be printed on the maps and available on waterproof paper loose in the start lanes. White and Yellow course control descriptions will be both textual and symbolic; all other courses will be symbolic only. Yellow and White maps will be available in pre-start for all runners on these courses.

Planner's comments

The area is mature, moderately hilly woodland, with a mixture of re-entrants, spurs, gullies and depressions which provide a variety of route choice and navigation challenges.

Runnability is affected by the high bracken growth this summer, but courses have been planned to avoid the worst of this. There are some areas that were felled earlier this year which are mostly runnable, although one area to the East still has some brashings that will slow running speeds. There are numerous rhododendron bushes throughout the area and the larger ones are marked as thickets. Some of these thickets have since been sprayed and have died back to leave a tangle of dead branches which are marked as small areas of walk vegetation where they will slow running speeds.

The area is used by mountain bikers, so new tracks appear occasionally, but all significant ones have been mapped. Please look out for the bikers, especially those going downhill.

There is an out of bounds area in the middle of the map for lizards, which is marked on the map and should be avoided. The Black and Brown courses cross part of Holmbury village and the map shows the crossing points between the houses.

Starts

10.30 to 12.30. Registration from 10.00

There will be a short gap in the start times around 11 a.m for Remembrance Sunday.

Courses close at 15.00 and we are happy to allow some late starters [by arrangement](#) for those who are involved in Remembrance Sunday events. Enter as normal but let us know when you think you'll be able to start.

Start times will be published on [Fabian4](#) and should be adhered to as far as possible. A punching start will be used.

Entries

Entries can still be made through Fabian4 <http://www.fabian4.co.uk> until midnight on Thursday 8 November though they are subject to map availability. We'll put a note on the LOK website if any courses are out of maps.

Entry fees (after 4th November) Seniors £15 (£13 BOF Members), Juniors and Adults on Orange/Yellow/White £6. SI dibber hire £1 SIAC hire £2.50

Entry on the day also possible: subject to map availability.

Punching

SPORTident punching. All controls and the finish will be in "beacon" mode for SIAC use. If you get no feedback (bleep/flash) at a control, use the pin punch.

Facilities

Registration, download, bag storage and toilets at Assembly.

Tom's Catering and **Ultrasport** will be in attendance.

Dogs

Dogs are allowed in the area; you may well meet members of the public walking their dogs.

Prizes for the SEOA Long Distance Championships

Medals for the first eligible three in each of the Long/A classes. Prizegiving as soon as possible after 2.30 p.m. Please stay for it if you can. Note the rules about running out of class.

The SEOA committee have decided that only BOF members that have SEOA as their primary affiliation will be eligible to compete (either individually or as part of team) for medals/trophies in SEOA competitions.

Competitors will only be eligible for a medal in the age class category that they entered. For example if M45 and M50 (say) share the same course and the winner is an M50 then they shall win only the M50 gold medal. The highest placed M45 shall win the M45 gold medal even if they are beaten by many M50s.

If a competitor runs a course other than that recommended for their age class then they shall still be eligible for a medal assuming that there is an appropriate class associated with the course being run. Where there are several possible classes then they shall automatically be entered into the closest class to their actual age class. For example if a W18 runs a course above that designated for W18 but does host the W20 and W21 classes then that competitor shall automatically be deemed to be entering the W20 class.

If a competitor wants to run up to a particular class then they must inform captain@londonorienteering.co.uk of this before the event. For example in the above situation then the W18 would have to inform the organiser if they wanted to compete for the W21 championship.

Officials

Planner: Charles Spence

Controller: Mike Elliot MV

Organiser: David & Miriam Rosen

chairman@londonorienteering.co.uk

Thanks to [Friends of the Hurtwood](#) for permission to orienteer in these beautiful woods.

www.londonorienteering.co.uk