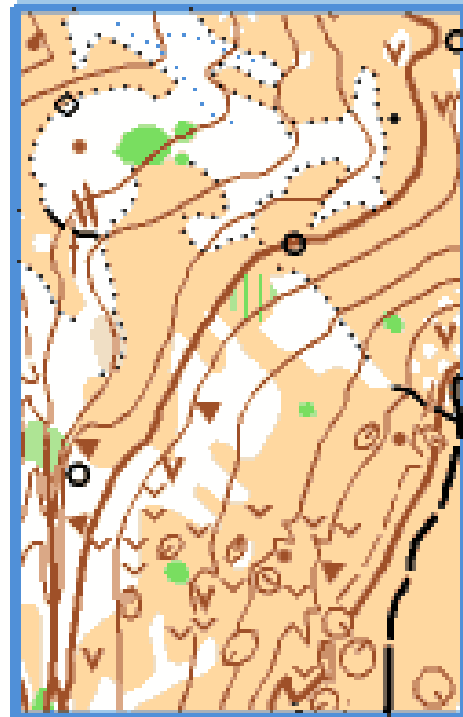
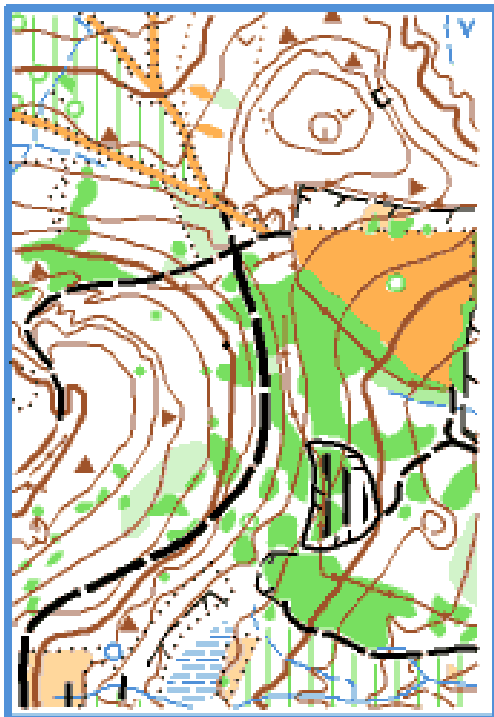




L ONDON O RIENTEERING K LUBB

# LOKation 144



A snippet of Furnace Wood (L) and Woolbeding Common (R)

Some areas to look forward to at Midhurst - British Champs in April

March 2006





## LOK People - Klubb Officers for 2006

### Chairman

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### Secretary

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### Membership Secretary & Klubb kit

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### Fixtures secretary

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### Mapping

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### FROLICS coordinator

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John Hardy (020) 8 368 7182

### Auditor

Sonia Gable (020) 8550 1805



## Chairbound chatter - from John

Hi there everyone! The traditional title for my regular contribution of platitudes or whatever is appropriate for this edition because, at the time of writing (mid Feb) and for the first time in my life, I have *GOUT* and believe me, it isn't half as funny as it looks in cartoons, etc. I have no doubt this will lead to self-righteous comments from the vegetarians and/or teetotallers amongst you. Anyway, I hope it doesn't last to the weekend, because there's a nice looking badge - sorry, regional - event in Burnham Beeches being laid on by our good friends in Happy Herts, controlled by Ronan and Julie, and I hope LOK will be there in strength.

If you are a team player, and I'm sure you all are, there is also the Compasssport Cup at Wisley on 9th April and I hope also that as many of you as possible are going to help out at Day One of the British Championships on 1st April. By the time this is published the LOK night orienteering event on Trent Park will have taken place. I urge everyone to give it a whirl sometime: it's interesting, especially if you really go for it, as I did the other week, "competing" in the British Night Championships. Well, I did finish: in about twice the time taken by the winner, who completed in a time I would have been proud of in daylight!

I hope you all have time to read the report of the *AGM*, which Camilla is including in this edition. The attendance could have been better and I do understand that most of you just want to get on and orienteer and not get involved with the running of the Klubb. Anyway, it wasn't boring and the food and drink in the upstairs room in the Stag pub was good. Do read the report.

Happy Orienteering,  
John



## Thoughts from the Thicket - from Camilla

In this edition, there's lots of Klubb business: mostly the minutes of the *AGM*. However, there's also forward-looking content for you to think about: LOK has lots of commitments for events for the near and medium term: few, as yet, have names associated with the officials' positions... Do take a look on pages 4 and 7.

Thanks to Greg for supplying the only piece of original work in this edition. Turn to page 14 for another dose of ruminations on the topic of mortality... followed by Sudoku for those of you addicted to the format. I'd love to have more stories about orienteering to publish! Do get writing.  
Camilla

## Captain's Log - from Andy

The opportunity to enter the traditional early relays, at the JK and British Champs, has passed. If you are interested in taking part in the North Downs Relay in June, then contact me on email and I'll take note. Probably another email will go out nearer the time, with details of this year's event.

Happy orienteering,  
Andrew

## Klubb Fixtures - from Glen

### British Orienteering Champs - West Sussex - SATURDAY 1 April

Many thanks to those of you who have volunteered to help as LOK are managing the start for the British Champs. However this is a very big event (1600+ expected), and there are now 2 start locations (and in addition the Elite will have their own lane at one of them, so almost 3 distinct starts to organise).

Furthermore, the start times are from 12.00 - 16.00 (yes a 4-hour window, necessary because the elite have a 3 min start interval)

All this means that we need more manpower !

So please - if you have not yet emailed me to say you are available to help, I would be very grateful if you could do so ([fixtures@londonorienteering.co.uk](mailto:fixtures@londonorienteering.co.uk)).

All helpers will of course get a run. You will need to enter via the online form as usual, and then I will give a list of helpers to the SI people who will add flexibility about timings as necessary.

<http://www.boc2006.co.uk/> See the front cover for a preview of the maps!

About the terrain: All BOC courses will start in Furnace Wood, an areas of old mining activity at the base of a 100m scarp slope. The terrain here consists of detailed contour features on the slope itself combined with flatter and faster terrain to the north, around Frunace Ponds. The slope extends westward into Woolbeding Common where woodland changes into heathland. All are brand new areas for orienteering.

## LOK events later this year - An urgent call for Officials

We have 2 events scheduled for later this year:

LOK Frolic - Sunday July 16 at Trent Park

LOK District Event - Sunday 10 September at Hampstead Heath

For both of these we need an Organiser and Planner.

Now remembering that we have only around 60-70 people in the Klubb and we put on several events a year, by my maths I reckon that if you are an active orienteer but have not been an official in the last 5 years, then you ought strongly to consider volunteering for one of these (since of course the sport can only survive on volunteers).

The Frolic requires only a Green Frolic course (+ extension) and below, so is a really easy event to manage/plan. And even the District, since it is on the Heath, is not at all difficult. There will be plenty of help and advice for both planner and organiser if you are coming to it new or haven't organised anything for a while. And as regards SI - this makes life a lot easier, and again there is advice and support available (but you won't be obliged to learn to use SI if you don't want to).

So - please consider whether you can take on one of these roles. If you would like to discuss what is involved, please feel free to email me at ([fixtures@londonorienteeing.co.uk](mailto:fixtures@londonorienteeing.co.uk)) or give me a call (07770 835870).

Glen



## Klubb Business

- ⊥ Following our event at Leith Hill in the spring, you will be pleased to hear that the Abinger Primary School, which lent us the field for parking, and which ran such a good food stall throughout the day, have decided to purchase some new gym mats with the proceeds.
- ⊥ LOK's past events include the Boxing Day Score, the 'Not the Christmas Party' and, most recently, the Trent Park SeNile. Here's a very brief round-up of all the action.
- ⊥ The Boxing Day event was once again much appreciated by regulars and a great attraction for newcomers, with a number of families taking part for the first time. Thanks to Karen French, John Hardy and the Clearys for making it happen so successfully once more.

- ⊥ The Not-the-Christmas Party was organized by Nick Vass, who used his expert knowledge of good food and beer to pick out an excellent gastropub in a conveniently central location: the Princess, near Old Street/Hoxton. Eight of us had an excellent meal and good wine or beer, although our early sitting did not appear to be all that quickly followed by a late sitting. We should also confess that our orienteering skills were not put to the test as we stayed in the same pub after the meal, finding it most warm and convivial whereas the outside air seemed dank and dark. Thanks Nick for your research.
  
- ⊥ The Trent Park SeNile was held on February 25th and was enthusiastically received by the participants. According to the planner, John Hardy, Trent Park is ideal terrain for a night event, offering courses suitable for all abilities. there is a good mixture of open parkland, line features and collection points to aid the less experienced orienteer and the added bonus of an east-west road to aim for if all else is lost! On the other hand, the northern part of the map provided some more challenging aspects for the more experienced on the Navy Course. No doubt it will be used again. It was a cold but clear night and Ronan and Glen did a sterling job at reverse-engineering some SI idiosyncracies in the night and in the small hours afterwards. Overall, another well-attended event to add to the list of LOK achievements.
  
- ⊥ Looking ahead, an intrepid handful of Lökkies are traveling up to the Lake District in mid March for the National event at Whitbarrow Scar, near Kendal, which has been planned by Miriam and David Rosen. They are staying in a lovely B&B in Sedburgh, owned by orienteers, and look forward to a weekend away. Perhaps this will be the start of a few more such trips?
  
- ⊥ The JK this year will be held in the north-east and Emma Fryer and 'Vinny' Vincent have kindly offered accommodation to anyone who might be going to the events. They live just south of Northallerton (north of the events) and would be delighted to see any Lökkies who are in the area over the period. (Email [emma.fryer@eurim.org](mailto:emma.fryer@eurim.org) to get in touch.)
  
- ⊥ <http://www.lostkit.co.uk>  
 A new website has been launched with the aim of helping people in sports and leisure activities find their lost property. Report any property you've lost at events, races or meetings across the UK and we'll try to track it down, or if you've found something, report it and we'll hopefully find the owner. If you're organising a race, advertise and use this service - it's free!!

- ⊥ And now for the real meat: here is the grid of **planned LOK events** over the next few years. Please consider what you can do to help support these events and don't be shy about taking a leading role: there are stalwart club members who will offer mentoring and advice on all aspects of the job.

Event / Date	Planner	Organiser	Notes
2005 Dec 26 Score Event - Trent Park	Karen French	John Hardy	<b>THANK YOU</b>
2006 Feb 25 SeNile - Trent Park	John Hardy	Neil Brooks	<b>THANK YOU</b>
2006 April 1 BOC	<b>LOK are organising the 3 simultaneous starts at Midhurst. Glen is co-ordinating the crews but needs Team Leaders.</b>		
2006 May ?? S Express - Addington			Date unconfirmed
2006 July 16 Frolic - Trent Park			
2006 Sep 10 District - Hampstead			
2006 Dec 26 Score - Trent Park ??			
2007 Mar 4 Regional - Holmbury		Nick Vass	Subject to BOF confirmation
2007 May 20 SE Relays - Hampstead			
2007 Sep 30 District			
2008 Feb 24 Regional - Leith Hill			

- ⊥ What now follows over the next few pages is the publication of material relating to the AGM in November 2005:
- The Club Constitution as adopted at the AGM.
  - The minutes from the AGM, slightly adapted to be suitable for publication (eg some of the figures have been removed).
- ⊥ The Committee would like to suggest that if you have proposals which would be suitable for a future AGM, please would you bring them to the attention of the Committee at any time of year (so they may be discussed at the monthly meeting) or even go along to one in person. The official deadline is two weeks before the AGM but it would be most helpful if you would try to do so before the summer holidays, in view of the traditionally heavy orienteering schedule in the autumn.

- ⊥ **After the 'business' section which follows, you can enjoy a well-earned piece of light reading about mortality from an experienced orienteer and author. And finally, some mental stimulation to finish you off. (It that really what you mean, Ed? Ed.)**

# London Orienteering Klubb Constitution

This document supercedes all previous versions of a constitution for London Orienteering Klubb.

## 1. TITLE

The club shall be called "London Orienteering Klubb" (subsequently referred to as the Klubb) for matters related to the administration of the Klubb. For entries to competitive orienteering and related sports at club and individual level the abbreviation "LOK" may be used.

## 2. OBJECTIVES

The objectives of the Klubb shall be to promote and develop the sport of orienteering for all ages and abilities and encourage competition at all levels, in accordance with the British Orienteering Federation (BOF) Rules and Guidelines in existence at any time.

## 3. MEMBERSHIP AND SUBSCRIPTIONS

The Klubb shall be an affiliated member of the BOF and of the South East Orienteering Association (SEOA).

Membership of the Klubb shall be open to any individual and any group on payment of an annual subscription. All members of the Klubb will be subject to the regulations of the constitution and by joining the Klubb will be deemed to accept these regulations. All members of the Klubb accept that their membership details may be stored in electronic form and may be made available to other members of the Klubb electronically and/or on paper.

The categories of membership shall be consistent with BOF policies in existence at any time.

Honorary life membership may be accorded by the Annual General Meeting (AGM) to a member who has made an outstanding contribution to the Klubb.

The annual subscription levied by the Klubb will be determined by a resolution passed at a Committee Meeting and shall be due on each 1st January. Where a subscription is more than three (3) months overdue, the member is deemed to have left the Klubb.

## 4. MANAGEMENT

The affairs of the Klubb shall be managed by a Committee of officers, elected by the AGM and holding honorary positions. The principal offices shall include the following:

Chairman	Membership Secretary
Secretary	Mapping Officer
Treasurer	Equipment Officer
Fixtures Secretary	Klubb Captain

Other positions of office may be created by the Committee as needed for the purposes of managing the Klubb's affairs. All officers shall retire each year but shall be eligible for re-appointment. The Committee may co-opt any eligible member to fill any office falling vacant.

The honorary position of Chairman shall not be held by the same individual for longer than three (3) consecutive years. No person should hold more than two (2) principal offices.

The Committee, which is mandated to take decisions on behalf of the Klubb, shall be responsible for the day to day affairs of the Klubb, proposing and adopting new policies, codes of conduct and rules that affect the organisation of the Klubb in accordance with the Klubb's objectives.

The Committee shall meet at least eight (8) times each year. Klubb meetings shall be open to all members of the Klubb and the dates and venues of all Klubb meetings shall be available in advance. A quorum shall consist of four (4) officers, including two (2) principal officers. In the absence of the elected Chairman, the meeting shall elect a temporary chair for that meeting.

Only elected and co-opted officers can vote at Klubb meetings and shall have one vote each (even if two offices are held). The Chairman or temporary chair shall have an additional casting vote.



The Committee shall arrange that a Klubb newsletter and/or magazine is circulated to members and shall appoint an editor who shall determine the contents. However, the editor shall allow the Committee to inform members of topics it has under discussion and of major decisions taken, by means of the Klubb newsletter or magazine.

## 5. FINANCE

The financial year of the Klubb shall run from 1st September to 31st August. The Klubb accounts shall be audited annually. The Honorary Auditor shall be appointed at the AGM and shall not be a member of the Committee.

The Treasurer shall prepare annual accounts for auditing and a Financial Report for the AGM. The Treasurer should also make interim accounts available to the Committee at each Klubb meeting.

A bank account shall be held in the name of London Orienteering Klubb. Cheques shall be signed by the Treasurer, and may be signed by another authorised signatory (as agreed by the Committee) if deemed necessary. Authorised signatories will be chosen from the Chairman or Secretary.

## 6. ANNUAL AND EXTRAORDINARY GENERAL MEETINGS

The Klubb shall hold an AGM between 1st September and 30th November each year. All Klubb members shall be given notice of the AGM at least twenty-one (21) days in advance.

The agenda for the AGM shall be:

- a. To approve the minutes of the previous AGM
- b. To receive the Chairman's annual report
- c. To receive the Treasurer's annual report and approve the accounts for the previous financial year
- d. To elect Klubb officers, Auditor and Honorary Life members
- e. To consider any resolutions or amendments to the Constitution
- f. To approve items of policy or principle proposed in advance by the Committee or Klubb members
- g. To consider any other business relating to the well-being and/or development of the Klubb

Nominations, with proposer and seconder, of candidates for election of officers and Honorary Life Members shall be made in writing (or e-mail) to the Secretary prior to the start of the AGM.

Items of business, including amendments to the Constitution, with proposer and seconder, shall be made in writing (or e-mail) to the Secretary fourteen (14) days in advance of the AGM.

An Extraordinary General Meeting (EGM) may be called by the Committee or by a written petition to the Secretary signed by not less than ten (10) Klubb members, outlining the reasons for calling the meeting. All Klubb members shall be given notice of an EGM at least twenty-one (21) days in advance. Only business directly related to the subject of an EGM shall be discussed at the EGM.

A quorum at the AGM or EGM shall be ten (10) Klubb members or 10% of the Klubb membership, whichever is the greater. All members of the Klubb over the age of sixteen (16), including those who are part of a family membership shall be eligible to vote. In the case of group membership, only one vote shall be recorded.

Amendments to the Constitution at an AGM or EGM shall be by the consent of two-thirds of the Klubb membership present. Other decisions at an AGM or EGM shall be by a simple majority of votes.

## 7. DISSOLUTION

The Klubb may be dissolved by the consent of two-thirds of the Klubb membership at an AGM or EGM.

In the event of dissolution, any monies or assets shall become the property of BOF.

## 8. COPYRIGHT

Any map produced by member(s) at the Klubb's expense shall become the sole copyright of the Klubb.

Articles submitted to the Klubb newsletter and/or magazine shall remain the copyright of their authors.



## London Orienteering Klubb Annual General Meeting 2005 24<sup>th</sup> November 2005

Present :- John Hardy, Ronan Cleary, Rachel Hopkins, Silvia Zerbio, Julie Cleary, David Rosen, Matthew Cook, Camilla Darwin, Glen Jones, Peter Sacares, Catherine Galvin & Richard Blake.

1. Apologies for absence – Iain Millar, Duncan Minty, Nick Vass, Martin Potter, Gill Adams, Miriam Rosen, John Pratt, Gail Scott Spicer, Hils Jago & Greg Birdseye.

2. Minutes of last AGM – accepted as a true record – moved by Rachel, seconded by Camilla.

3. Chairman's report – As with last year, I am in the most fortunate position to be able to report a successful year all round for LOK, both in organising our own events, helping at major events and in individual performances. Taken month by month (up to last month) they are as follows (and I apologise if you happen to have slipped through the net).

December/January: The Trent Park Boxing Day score event was a success, with about 60 competitors. The Klubb made a modest profit of £100, which was donated to the Tsunami fund after consultation with members, the Tsunami having occurred on Boxing Day too. LOK beat Happy Herts in the South East Score Championship (we needn't mention the other two clubs just now!) At National Event 1 on Ash Ranges, Julie Cleary came 4<sup>th</sup> in W40L and Frank Martindale 2<sup>nd</sup> in M70. A special thank you is due to Camilla Darwin and Nick Vass for organising a highly successful and enjoyable LOK Christmas Dinner. The Aus/NZ/SA magazine TNT published details of our Permanent Orienteering Course!

Jan/Feb: The street event organised and planned by David Rosen was a success, with a larger turnout than was usual for a Thursday night training session. More events like this are planned for the future. The Addington night event, put on jointly with CROC, planned by Richard Blake, controlled by Julie and Ronan Cleary, with computer technology by Glen Jones, attracted around 50 competitors, most of whom praised the courses and the terrain. I was pleased at having almost door to door public transport (Tube, train and tram). Thanks to Martin potter for another "superb" training weekend in the New Forest, including a local event. The weekend received some subsidy this time, which was appreciated by all. Julie was 2<sup>nd</sup> in W35L at the British Night Championships and Ronan 3<sup>rd</sup> in M45S at that event.

Feb/Mar/Apr: At the National event at Henley, there was a plethora of LOK successes: Charles Spence was 1<sup>st</sup> in M45S, Mick Brett 1<sup>st</sup> in M40S, Kate Brett 3<sup>rd</sup> in W40L, Rachel Hopkins 2<sup>nd</sup> in W40S and Jim Emmines 2<sup>nd</sup> in M35S. Jim was in the frame again at the JK in Staffordshire and Julie 10<sup>th</sup> in W40L. The W21 relay team was a creditable 4<sup>th</sup>, only 4 minutes behind the winners.

Apr/May: The next big event was the British Championships at Penhale Sands, Cornwall. Here Mick Brett was 1<sup>st</sup> in M40s, Rachel Hopkins 1<sup>st</sup> in W40s, Frank Martindale 2<sup>nd</sup> in M70L and Trina Cleary 3<sup>rd</sup> in W60L. There was also a splendid 2<sup>nd</sup> place for the W40 relay team. A large contingent of LOK members helped organise and plan the last day of the World Cup races on Leith Hill. There were lots of accolades for the map and the courses, planned by Ronan and Julie and one competitor even went to the unusual length to call his or her course "electrifying". The landowner, John Evelyn, a former Olympic bobsleigh team member, was impressed by the organisation and the competition and happy meeting another old Olympian, John Disley. I would like to pass on the thanks and appreciation to all those LOK members who helped out in any way in making the World Cup such a great success in the South East. A small group of LOK people went to the Belgian Three days. Frank Martindale was 4<sup>th</sup> in M65L (running up a class) and Julie Cleary 4<sup>th</sup> in W40L. Frank, a much travelled man, was also 2<sup>nd</sup> in M70L at the Scottish Championships.

May/Jun: The JUKOLA team 940<sup>th</sup>

Jun/Jul/Aug: FROLICS, organised for the whole of the South East with great aplomb by Camilla Darwin, finished in July. SLOW were overall winners, with LOK a very close second. LOK's FROLIC event on Hampstead Heath suffered from the bad weather, but most competitors were pleased with the event,

although there were some hiccoughs in the organisation on the day. Mick Brett was placed in the top three in M35S in the Scottish Six Days and Frank M. was 4<sup>th</sup> in M70L. All LOK people who went said it was a good event.

Aug/Sep: David Rosen was 2<sup>nd</sup> at the National event at Kilnsey. The equipment shed received a good sort-out by the committee and Catherine G with tea and cakes supplied by Mrs Galvin. The chairman was exceedingly pleased to hear that Iain Millar had volunteered to be minutes secretary.

Oct/Nov: Another street event was laid on by the tireless David Rosen on 3<sup>rd</sup> November! The Leith Hill District event on 23<sup>rd</sup> October was highly successful, Attracting 420 competitors. Excellent course, supplied by planner Gill Adams (with a little help from Julie and Ronan) and meticulous organisation by Glen, helped by a fine turn out by LOK members. This was really a regional event in all but name and I am confident that we can now lay a good regional event nay time in the future. After an appeal by Tim Pribul, LOK members also helped out at the Chigwell Mitre Regional event at Epping. Thanks! We never know when we might need their help. Julie and Ronan have recently y returned from the States where they appear to have swept the board on both sides of the continent. Ask them for details.

Looking to the future, LOK has a full programme of events, starting with the annual Boxing Day Score Event, which I am organising and Karen French is planning. Glen will be lending his expertise on the computer side of the business and Ronan and Julie will control the event. If you are around then, please help! Christmas Dinner has been (sensibly) postponed till the New Year and we'll let you know soonest. Then we have the SENILE event on 25<sup>th</sup> February, also on Trent Park, which I am planning and Neil Brooks is organising. FROLICS will continue as an LOK responsibility and the Regional event at Holmbury is to be confirmed but will take place in spring 2007.

I would like to give a special vote of thanks to the Committee: Glen for looking after the website and dealing deftly with fixtures AND organising this evening. Ronan as Treasurer, Julie as membership Officer and Camilla doing a wonderful job as Lokation editor and now Iain as secretary. It should be noted also that many of the aforementioned also double up on other jobs too. As Chairman, I am a mere facilitator and I marvel at the amount of work put in by the rest of the committee: they are involved in almost all events and the Klubb should appreciate their hard work, along with that of Klubb captain, Andrew, coach, Martin and auditor, Sonia Gable, all of whom contribute willingly and well. Recently there has been some correspondence, mainly relating to the constitution, which we will be discussing and hopefully adopting later, in which some members say they would like to see greater participation by members other than the Committee in the running of the Klubb. Anyone is welcome to attend Klubb meetings on the last Tuesday (unless other wise notified) of the month at the Royal Free Recreation Centre (recently moved form the George pub because of noise pollution). The meetings have turned into de facto Committee meetings, because no-one else really wants to attend what is basically a policy and future events organisation meeting. It has been suggested that Klubb meetings and committee meetings be separate; but personally I find that a minimum of eight meetings a year plus the AGM are as much as I want to have to undertake and I am sure that goes for the rest of the people who are regular attendees. Organisers and Planners of events are invited to attend the meeting before their events and this generally y works well, as I believe does the general running of the Klubb. Members are always entitled to come to meetings to air their views and I am also willing to go back to the old-style meetings with "second halves" of interesting topics related to orienteering. Nonetheless, if there were to be an open debate o every aspect of the running of the Klubb, very little would actually be done in a practical sense. The Committee ids democratically elected and genuinely acts in the interests of the Klubb as a whole. Klubb meetings are at present business meetings, not talking shops, and are vital to the running of the Klubb.

I shall leave the Constitution to be discussed as a separate item, but not without thanking Julie for writing and submitting the draft for publication in good time for perusal by members before its submission this evening for adoption by the Klubb: no mean feat.

I wish everyone a Happy Christmas and a great years orienteering in 2006 whilst urging more people to have ago at organising and planning – help is available.

John Hardy, Chairman.

## 4. Treasurers report:

### **Overview**

I am once again pleased to present the Klubb's accounts fye 31<sup>st</sup> August 2005. As usual, Klubb members actively participate in the competitive side of the sport travelling far and wide to regularly attend orienteering events. There has also been an improvement to report in terms of members helping to put on events on behalf of the Club. As well as continuing our new trend of organising 4 events each year, we also successfully hosted the Middle Distance Race of the World Cup Series at Leith Hill (which has already been covered elsewhere).

The financial side of the Klubb continues to operate soundly. The closing balance showed a modest increase over the previous year and was achieved after investing in excess of £600 on further equipment for the Klubb to help with the organisation of events. I have distributed copies of the accounts to all of you and will briefly run through the key areas. As was the case last year, due to time pressures, I again have not had a chance to produce these accounts and deliver them to Sonia in time for her to complete her audit before the meeting. Again, I am not expecting any post-audit changes to these drafts, but if there are, I will distribute amended copies of the final accounts with a future Lokation.

### **Income**

Event Profits were down on last year with the same number of events hosted. The main reason for the lower profits appears to be a combination of a variation to the make-up of the 4 events as well as reduced participant numbers. Nevertheless the quality of the events that we hosted remained high and they were all very well received. Of course, as the World Cup event was run under the auspices of BOF, no income was received by us in relation to our day. However, we did receive an excellent, updated version of the Leith Hill map at no cost and this will have a financial benefit going forward as we run further events which generate income (the first of which was last month as you all know).

Subscriptions were marginally up although membership numbers actually fell slightly to 64 from 66 membership units. This anomaly is down to timing of late renewals some of which did not come in before we make the annual payment to SEOA for their share as well as a slight change to the mix of membership types. As you will see later, the administration of the club is again comfortably covered by existing subscriptions, so it has been decided to again leave fees unchanged for the coming year.

Map Sales increased further, all except £5 relating to Hampstead Heath. The vast majority relates to the sale of overprinted Permanent Course maps to the Corporation of London for on-sale to the public (as I had predicted at last year's AGM) and a further sum relates to the maps used in the Hampstead Heath District Event in September 2004.

Very minor levels of O-suit sales and Car Sticker sales during the year and we continue to hold a small stock of these. Other Sales relates to plastic map bags and was virtually unchanged from the previous year.

Interest received was up due to our holding more funds on deposit in an interest bearing notice account, but remains a minor element of the Klubb's overall income.

Donations is a net negative figure of £97 and is made up of several components: (i) at the Leith Hill World Cup Race £296 was collected in parking fees and this was passed to us by the World Cup organising committee for forwarding to the Wotton PCC as requested by the land agents controlling access to Leith Hill. This is shown in and out of the accounts and it has no net impact. The rest is made up of a £79.40 donation to the Tsunami Appeal representing the profits from our Xmas Score Event and £40 spent on flowers for Mrs Galvin, Catherine's mother, as a small token of our appreciation for her allowing the Klubb equipment shed space in her garden. The above is partially offset by a donation kindly made by Iain Millar to Klubb funds when he was renewing his subscription.

The clubs in the North London SI Consortium decided against a distribution of funds back to the participant clubs due to an imminent significant investment in further SI kit. This kit is now purchased

with some more imminent and I expect a further distribution to be made again this year if income levels remain as anticipated.

### **Expenditure**

Turning to the Expenditure side of the Accounts:

**Administration Expenses** increased due mainly to increased Officers' expenses (mostly postage with 3 Lokations as well as the Membership List). This was offset by much reduced Other Costs which last year included the cost of maintaining our website (covering a 2 year period). This year's figure represents insurance costs which we have taken out in relation to some of the higher value equipment items which the Klubb now owns.

**Relay Subsidies** related to LOK Teams taking part in the JK and BOC Relays.

**AGM/Social Costs** were a little less than the previous year reflecting the cost of the food provided.

**Map Production Costs** were down with just the professional mapping of Addington for our Senile event by Epping Map Services included this year.

**Equipment Purchases** included a new laptop to help with running events using SportIdent as well as some smart new String Course equipment to make it easier to lay and retrieve the string for easy and tangle-free re-use.

**Training** I have at last managed to provide a subsidy towards the Klubb training weekend despite Martin's normal best efforts and will be pleased to do so again this year.

My thanks as always to Sonia Gable for agreeing to audit the accounts yet again and, although she could not be here tonight, I am pleased to advise that she is willing to offer to continue in the post for a further year.

As always, I can assure all the members that the Klubb continues to operate on a very satisfactory basis financially and is well capable of meeting all foreseeable commitments with a sound year-end bank balance.

(Note: This version of the Treasurer's report has been amended to omit financial details. The full version and copies of the accounts are available to LOK members by contacting the Treasurer)

Acceptance of report and accounts proposed by Glen, seconded by Matt.

## **5. Election of officials**

The following who had indicated that they were prepared to continue were unanimously elected unopposed:-

### **Principal Officers**

Chairman – John Hardy  
Treasurer – Ronan Cleary  
Fixtures Secretary – Glen Jones  
Membership Secretary – Julie Cleary  
Mapping Officer – Julie Cleary  
Equipment Officer – Catherine Galvin  
Klubb Captain – Andrew Redington  
Other Officers  
Lokation Editor – Camilla Darwin  
SEOA Representative – John Hardy  
Klubb Coach – Martin Potter

Iain Millar was proposed as Secretary by Julie, seconded by Ronan and elected unanimously. The post of Frolics Co-ordinator remains vacant.

### **Other Roles**

Auditor – Sonia Gable  
Klubb O kit – Julie Cleary

## 6. Klubb Constitution.

It was noted that some proposed amendments had been raised by members, but these had been received after the last date for submission and accordingly they should not be considered at this meeting, but could be considered at a future AGM if desired.

The meeting discussed the draft constitution and felt it important that it should be ratified, but with one minor amendment (without which it could prove difficult ever to change it again). Clause 6, final paragraph to be amended to read:

“Amendments to the constitution at an AGM or EGM shall be by the consent of two-thirds of the Klubb membership present. Other decisions at an AGM or EGM shall be by a simple majority of votes.”

It was proposed that subject to this amendment the draft constitution be formally ratified. Proposed by Richard, seconded by Glen and agreed by all present.

## 7. Any other business.

Glen gave an overview of future fixtures. For the purposes of this newsletter, this table has been incorporated in the text on Fixtures on page X.



## After the business comes the entertainment:

### Intimations of mortality (part 2) - by Greg Birdseye

Readers of Lokation with longer memories might recall an article I wrote about doing the light green course (which doubled as the W14A and M70S course among others) at the Chilterns national event of 2000 when I was suffering from a particularly annoying attack of gout. It was something of an eye-opener in orienteering terms to be hobbling along in the company of elderly people, teenagers and family groups.

On New Year's day, I once again sampled what orienteering is like at some remove from the normal competitive edge - at the very pleasant and interesting area of Vernditch Chase the other side of Salisbury: pleasant, as it is a nice area, and it was a mild day with sunshine coming through the clouds and brilliant views; and interesting (for me at least) as my only previous visit was in the summer of 1970, on a two-colour 1:20,000 map. Less pleasant though, and the reason for the slower than normal progress, was that I inconveniently dented my knee on a uninspiring open moorland event above Sheffield in December. (Why I was foolish enough to be there in the first place, and how I came to coincide with a rather hard and solid rock, is another story).

Moving around rather tentatively with walking boots and hiking stick once again allowed me to observe and participate in a different sort of orienteering: families with small children, some rather older experienced orienteers, and, without being too unkind, some in rather less fine physical shape.

As it was score event, I could convince myself that speed didn't matter, and there were some novelty controls not shown on the map which meant that a tortoise could get some points the hares might miss. Frustrating though, knowing where you wanted to go on a nice straight path and not being able to go fast enough. (Although that's not too unusual these days, when it's lack of puff that normally prevents me getting from A to B more quickly, even when I think I know exactly where A and B are). And the straight line route also becomes less attractive than usual when there's a bit of bracken or bramble to plough through.

But for all that, it's still infinitely worth doing, and lots of people do it week after week. Which only makes you appreciate all the more the never-ending debates on what O is all about. 'Cunning running' for the average Sunday enthusiast, or TD5 marathons with 5%+ climb for the elite? The 'thought sport (for all)' or national rankings and championship badges?



### A challenging Sudoku for fans

You know what to do: the digits 1 to 9 in each box of 9 digits and within each full row and column of 9 digits.

	3			2			9	
			1			5		
		6			7			8
4					6			7
5					8			2
9								3
1			4			6		
		7			5			
	2			1			3	

## Fixtures

Orienteering Fixtures are available via the following websites:

**LOK webpage:** <http://www.londonorienteeing.co.uk/>

**South-east:** <http://www.post2me.freeserve.co.uk/orienteering/>

**BOF:** <http://www.britishorienteering.org.uk/asp/homepage.asp>

### Phone before you go :-

These are the numbers of the answerphones that carry recorded events information.

SEOA	(020) 8948 6056	WMOA	(01785) 664695
SCOA	(01189) 464354		[before 10pm]
SO	(01903) 239186	NWOA	(01704) 892736
SN	(01252) 331754	BOF	(01629) 734042
MV	(01372) 279295	NEOA	(0191) 268 5449
SAX	(01303) 813344		

## Club Meetings.....have changed

The last Tuesday of every month is the club meeting held in bar at the Royal Free Hospital Recreation Club, Fleet Road, Hampstead, London NW3. (see below for directions) Kick off is **8.00pm**. Everyone is welcome; fresh views on club/SEOA /BOF business are always needed.

Dates are as follows:

March 28 <sup>th</sup>	August 29 <sup>th</sup> (to be confirmed)
April 25 <sup>th</sup>	September 26 <sup>th</sup>
May 30 <sup>th</sup>	October 31 <sup>st</sup>
June 27 <sup>th</sup>	November 23 <sup>rd</sup> +AGM (provisional)
July 25 <sup>th</sup>	

## Club Training/Drinking

A group of members meet on a Thursday, at 6.30pm, at the Royal Free Hospital Recreation Club in Fleet Road (near the junction with Pond Street) Hampstead NW3 for a training run, sometimes technique training, and afterwards for a beer and to plan the arrangements for attending the coming weekends orienteering (lifts, timings etc). This is usually about 8.15pm in The Stag p.h. on the corner of Fleet Road and Lawn Road, NW3. There is commodious curry house opposite.