



## Greater London Orienteering Summer Series 2021

Orienteering is a challenging outdoor adventure sport that exercises both the mind and the body. GLOSS is a series of races run by the clubs in and around London. There are two courses: the GLOSS course which is about 3½ to 4½ km (with optional extension to around 6 km) and is of moderate navigational difficulty and a 'Yellow' course which is about 2km with easier navigation. Navigate between control points - you decide the best route in order to complete the course in the quickest time. Beginners welcome

Events will be run in line with the latest [COVID Safe Orienteering](#) guidance. Please make yourself aware of, and abide by, the current [British Orienteering Participant Code of Conduct - Events](#). Everyone will need to pre-enter: please find link to pre-entry service on club's website

Start times are generally between 10.00 and 12.00. Adults and groups £5 to £8 depending on area; juniors and families on 'yellow' course £3. £1 for hire of electronic timing 'tag'

Day	Date	Venue	Public transport	Club
Sunday	27 June	<b>Boston Manor Park</b>	Boston Manor, Piccadilly line	<b>SLOW</b>
Sunday	4 July	<b>Wanstead Park</b>	Wanstead + 101 bus	<b>CHIG</b>
Sunday	11 July	<b>Reigate Priory</b>	Reigate station	<b>MV</b>
Sunday	18 July	<b>Beckenham Place Park</b>	Beckenham Hill	<b>DFOK</b>
Sunday	25 July	<b>Scratchwood</b>	Edgware + 384 bus	<b>LOK</b>

The GLOSS course is also the basis of an inter-club competition to win the prestigious London Bus trophy. Best six handicapped times for each club at each event score. Handicapping system based on how well you perform against the average of your ranking points over the period since March 2019



Full details for each event & the GLOSS competition at [www.londonorienteering.co.uk](http://www.londonorienteering.co.uk)  
Contact for GLOSS series: [catherine.galvin@pergament.co.uk](mailto:catherine.galvin@pergament.co.uk) (07968 162 273)



Photos: LOK and Mark Cheesman (MV)