



Tuesday 1 July 2025

Highgate and Queens Wood

A race in the London Park Race Series 2025 www.parkrace.org

Highgate Wood and Queens Wood are ancient woodland of primarily oak, hornbeam and holly. On the higher ground at the northern end of Highgate Wood, archaeologists have recorded the remains of now-buried Roman pottery kilns that produced wares for *Londinium*. In medieval times, Highgate Wood fell within the Bishop of London's vast deer park and was used for hunting; Muswell Hill Road that separates it from Queen's Wood ran along the outskirts of the park from Hampstead to Muswell Hill. Earth banks in Highgate Wood are possibly medieval; whilst those in Queen's Wood are probably mid-16th century woodland management enclosures.

Event Centre

The Woodman pub, 414 Archway Road, N6 5UA. What 3 words:

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Travel: The pub is 200m from Highgate (Northern Underground line). Limited parking on residential streets nearby; please park considerately.

Facilities: Toilets, post-race food and drink.



Entry

Registration: Between 18:00 and 19:15.

Start Times: Between 18:15 and 19:30. Courses close 20:30.

All competitors must have left the first part of the course in Highgate Wood by 20:15 as the wood closes at 9:00pm. The second part is in Queens Wood after a timed out road crossing. Your entry fee includes a full colour map printed on waterproof paper, which you can keep as a souvenir after your run, and a printout of your race time and splits at the end of the race.

Entry fees: Students and Juniors £5. All others £8. £2 discount for members of British Orienteering. £2 surcharge for late entries – after midnight Sunday 29 June.

Enter online using Fabian4 [HERE](#). Map numbers are limited to 120 long course and 20 short course. Electronic timing will be used. SIACs can be used in contactless mode. If you do not have your own SI card, then you can hire one for the event for £1 (SIAC hire £2). The replacement cost of hired SI cards that are lost or not returned is £69 for SIAC and £43 for standard SI cards.

Courses: Long 4.5km, Short 2.5km subject to final planning

Planner: Jon Chandler (LOK). Controller: Ronan and Julie Cleary (LOK)

The start is 200m from the pub.

Weather: It is forecast to be hot, so please bring refreshments and ensure you stay hydrated

Clothing: Long leg cover is advised as there may be overgrown areas on your route. Spiked shoes are also advised if it has been raining as the clayey mud can get very slippery.

Map: 1:5000 5m contours. The area used for this event is traffic-free.

If you have any questions, please email the Organiser, Nicholas Goldowsky-Dill at nixgdill@gmail.com

Competitors take part in this race at their own risk. Entries and results will be processed by computer, your entry will be taken as agreement to this. The competition is run under the rules and guidelines of, and sanctioned by, British Orienteering.