



Tuesday 19th May 2026 Finsbury Park

A race in the London Park Race Series 2026 www.parkrace.org

Finsbury Park is very runnable parkland. This race is suitable for beginners.

Event Centre

The Twelve Pins Pub, 263 Seven Sisters Rd, Finsbury Park, London N4 2DE.

What 3 words voting: goat.rice

Travel: The pub is just a few yards from Finsbury Park Station (Victoria and Piccadilly Underground lines and National Rail). Very limited parking on residential streets nearby; please park considerately.

Facilities: Toilets, post-race food and drink.

Entry

Registration: Between 18:00 and 19:15.

Start Times: Between 18:15 and 19:30. Courses close 20:30.

Your entry fee includes a full colour map printed on waterproof paper, which you can keep as a souvenir after your run, and a printout of your race time and splits at the end of the race.

Entry fees: Students and Juniors £5

All others £8

£2 discount for members of British Orienteering

£2 surcharge for late entries – after midnight Sunday 17th May.

Enter online using Fabian4 [HERE](#).

Electronic timing will be used. SIACs can be used in contactless mode. If you do not have your own SI card, then you can hire one for the event for £1 (SIAC hire is £2. There are only 40 SIACs available). A penalty will be charged for the replacement cost of hired SI cards that are lost or not returned amounting to £70 for SIAC and £43 for standard SI cards.

Courses: Long 4.5km, Short 2.5km subject to final planning.

Planner: Anthony Flick (LOK). The start and finish are near the pub.

Map: 1:4000 2.5m contours. The area used for this event is traffic-free.

If you have any questions, please email Charles Spence at

chairman@londonorienteering.co.uk.

LOK would like to thank Haringey Council for permission to use the park.

Competitors take part in this race at their own risk. Entries and results will be processed by computer; your entry will be taken as agreement to this. The competition is run under the rules and guidelines of, and sanctioned by, British Orienteering. **Important:** Non-members are **not insured** under British Orienteering's public liability policy.

